

Twitter Thread by [sriram ■■■](#)



[sriram ■■■](#)

[@SriramKannan77](#)



#Thread On Arudra Darshan!

This is a Shiva-dedicated event that takes place in the Tamil month of Margazhi (Dec-Jan). During the Maargazhi Masam, this Arudra Nakshatram, better known as Thiruvaathirai Nakshatram, is extremely fortunate. 1/n

[@LostTemple7](#)



Arudra Nakshatra & Pournami fall on the same day. 2/n

This honors Shiva's cosmic dance, which is symbolized by the Nataraja form. The cosmic dance is thought to reflect five different activities: creation, protection, destruction, embodiment, and release. It exemplifies the never-ending cycle of creation and destruction. 3/n



This Arudra Darshan is very important in the Chidambaram Nataraja Temple because it symbolizes the end of Margazhi Brahmotsavam. 4/n

What is the significance of Arudra Darshan?

It is held on the full moon night (together with the Arudra Birth Star) in the month of Margazhi, which is also the longest night of the year. The festival is mostly observed by Tamil-speaking people. 5/n

On this day, devotees cook a unique dish called 'Thiruvathirai Kali' and give it to Shiva. 6/n



The event lasts two days: the first day is known as Arudra Abhisekam, during which a purification ceremony is performed, and the second day is known as Arudra Darisanam, during which we celebrate Shiva and Parvati's marriage in temples. 7/n

When the divine marriage is completed. The decorated vigrahas of Shiva and Parvati are carried to the temple courtyards, where there is a dance festival.

According to tradition, Shiva performed the cosmic dance for his devotees Adhi Sesha and Vyagrapathar in Natarajan form. 8/n

Historical context –

Baghwan Vishnu was once immersed in concentration, and Adhi sesha his serpent bed occurred to observe and inquire about it. Vishnu replied that he was thinking of Lord Shiva's grand dance. 9/n

The response piqued Adi Sesha's interest in witnessing Shiva's magnificent dance. As a result, he prayed to Lord Vishnu to reveal him a method to fulfill his wish. 10/n

Adi Sesh was advised to do Penance "tapas" towards Shiva at Chidambaram and traveled there. When he arrived, he saw that the rishi vyagrapathar (Pathanjali) had already begun tapas for the darshan of Nataraja Tandava. 11/n

Finally, Shiva, satisfied with their penance and prayers, appeared before them, commended their dedication, and danced before them in the 'Nataraja' form on Margazhi Thiruvaadhirai day in Chidambaram.

12/n

