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Thiruvathira / Ardra Darshanam

Tomorrow

Thiruvathira(Ardra Nakshatra) which comes on the Malayalam month of Dhanu and Marghazhi of Tamil month is very important day for worshipping Paramashiva. In Kerala, Vratam is undertaken on this day by ladies.



Unmarried for a good married life and married people takes for long life of their husband. Thiruvathirakali a dance form is performed. There is a custom called Pathira poochoodal, adorn hair with flowers at midnight.



In Tamilnadu, Ardra darshanam is celebrated in all Shiva temples. Worshipping the Dance form of Paramashiva, Nataraja is auspicious. Chidambaram temple celebrate Ardra Darshanam in a grant manner. Vyagrapada muni, and Adishesha observed vratham &



They were given darshan of Cosmic dance by Nataraja on this day. On this day a special sweet called as 'Thiruvadirakali and kootu which is made made of 7 vegetables are prepared and offered to Shiva.

Om Namah Shivaye



