

## Twitter Thread by [Blake Burge](#) ■



**[Blake Burge](#)** ■

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**Don't lose today planning for tomorrow.**

**Don't join the pack — Lead it.**

**10 Stoic principles that will immediately change your life: ■**

On Wealth:

We all want more.

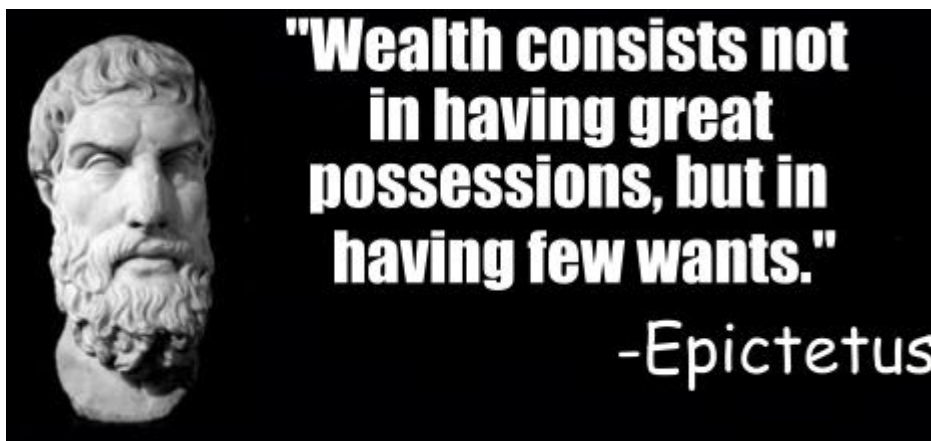
More things, more money, more prestige...

Whatever 'it' is, we never seem to have enough.

But what if we measured wealth differently?

Not by what we don't have, but by what we don't need?

True wealth is found in wanting less, not having more.



On Truth:

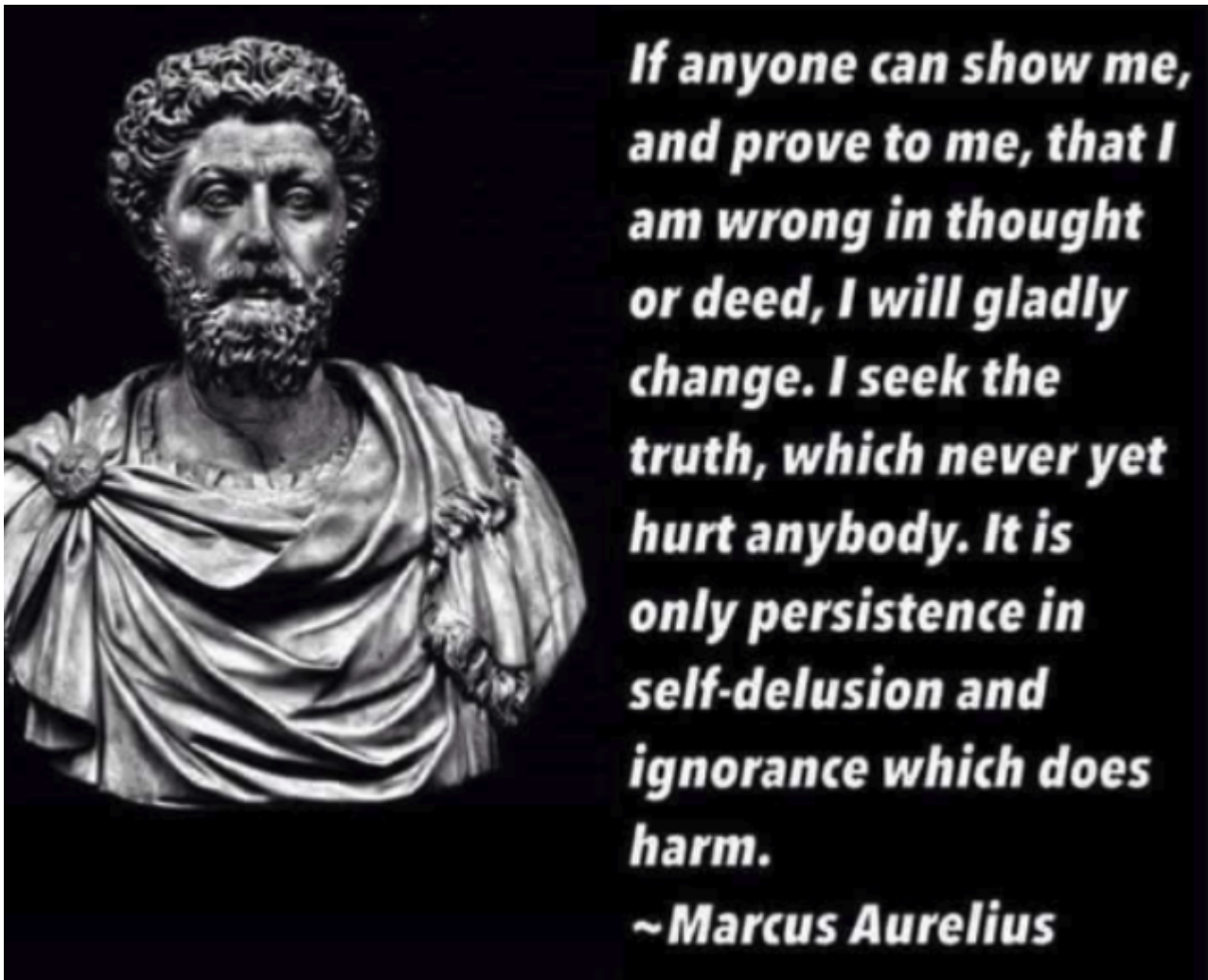
Too often we become set in our ways.

We believe our opinion is right, and are unwilling to consider alternate perspectives.

Have an open mind.

Be willing to change.

He who thinks he knows everything knows nothing.



On Control:

Some things we can change, some we cannot.

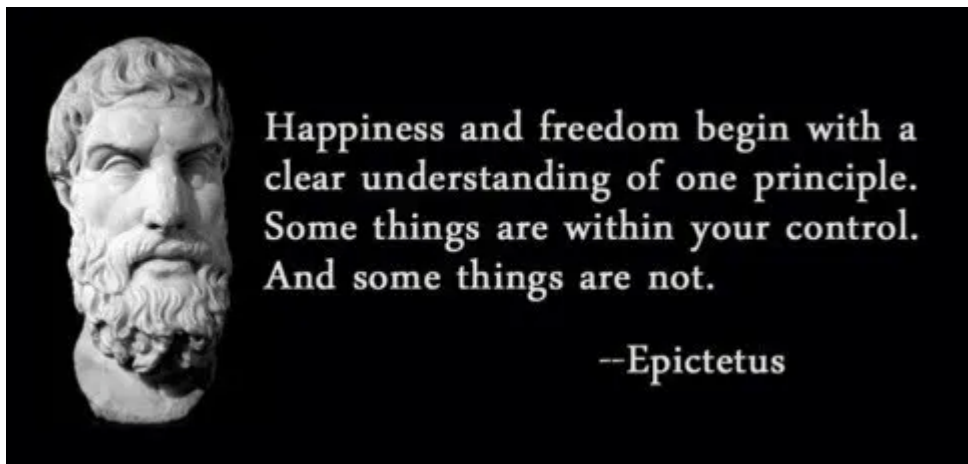
The secret to happiness lies in the ability to differentiate between the two.

Ask yourself:

Do I have the power to change this?

If so, get to it.

If not, move on.



On Looking Back:

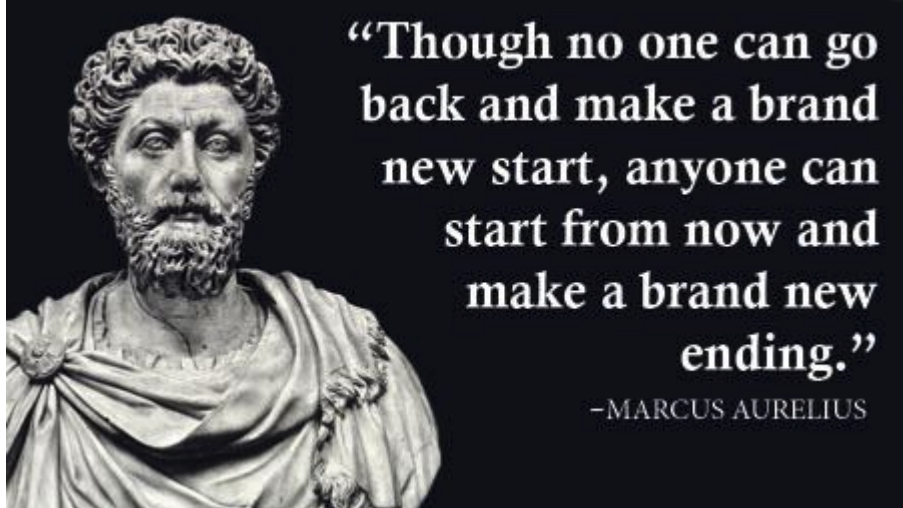
Quit living in the past.

I've been guilty of this, as I'm sure you have as well.

Stop worrying about what could have been or what you should have done.

Start new. Start fresh. Start today.

What's done is done, but the future has yet to be written.



On Misfortune:

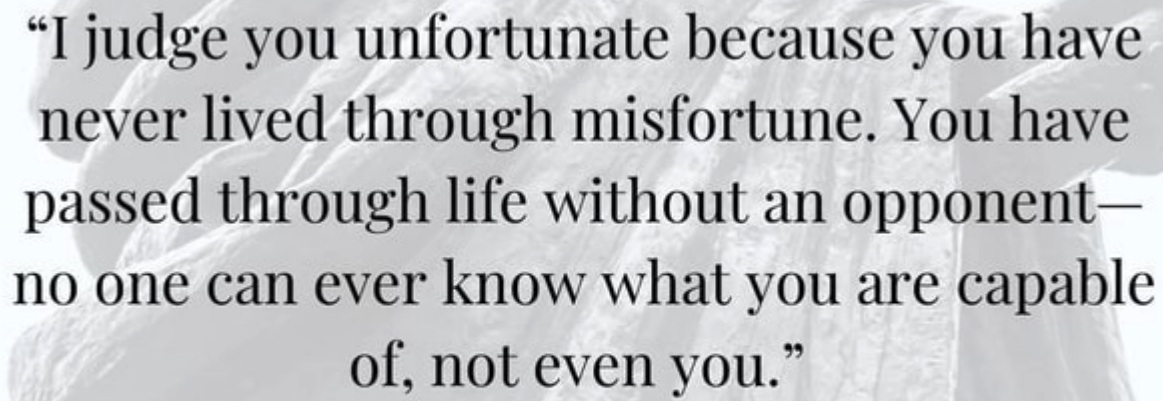
Trials & tribulations will come.

These are a part of life for all of us.

How we choose to view these situations, well, that's our decision.

To live without misfortune is to live without being tested.

To never be tested is to never know what we're capable of.



“I judge you unfortunate because you have never lived through misfortune. You have passed through life without an opponent—no one can ever know what you are capable of, not even you.”

SENECA

On Speaking:

You've heard the saying:

"God gave you two ears and one mouth for a reason."

Listen first, speak second.

Listen to understand, not for the sake of crafting your reply.

Choose your own words wisely.

Speak to add substance, not noise.



**I BEGIN TO SPEAK ONLY  
WHEN I'M CERTAIN WHAT  
I'LL SAY ISN'T BETTER  
LEFT UNSAID.**

**CATO**

On Dealing with difficult people:

The things that frustrate, annoy, and anger us in regard to other people are often reflections of the things we don't like about ourselves.

Look inward first.

As Marcus states: "I have reflected the nature of the offender is akin to my own."



“Say to yourself first thing in the morning: today I shall meet people who are meddling, ungrateful, aggressive, treacherous, malicious, unsocial. But I have seen that the nature of good is what is right, and the nature of evil what is wrong; and I have reflected that the nature of the offender himself is akin to my own — not a kinship of blood or seed, but a sharing in the same mind, the same fragment of divinity....” — Marcus Aurelius

On Criticism:

Worry not about those who speak ill of you.

Rest assured, they have their own set of faults not too dissimilar from yours.

Instead, try this:

Acknowledge your own faults, work on improving them, & spend less time concerning yourself with the opinions of others.

IF ANYONE TELLS YOU THAT A CERTAIN PERSON SPEAKS ILL OF YOU, DO NOT MAKE EXCUSES ABOUT WHAT IS SAID OF YOU BUT ANSWER, **"HE WAS IGNORANT OF MY OTHER FAULTS, ELSE HE WOULD NOT HAVE MENTIONED THESE ALONE."**

Epictetus  
(55 C.E. - 135 C.E.)

On Seizing the day:

"The best time to plant a tree was 20 years ago. The second best time is now."

Do not let yourself be limited by what you didn't do.

Instead, be propelled forward by what you can do.

Nothing is promised.

Stop waiting for tomorrow.

Start today.

They lose the day in  
expectation of the night,  
and the night in fear of  
the dawn.

—  
S E N E C A

On Taking charge:

What are you waiting for?

If you want something go get it.

No one is waiting around to hand it to you, but there's plenty available for the taking if you put in the work.

Lead the pack.

**"Throw me to the wolves  
and I will return  
leading the pack."**

*- Seneca*





Thanks for reading!

Now go change the world!

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- Join 86,000 of my friends & follow me: [@blakeaburge](https://twitter.com/blakeaburge)

- You can find my previous work here:

<https://t.co/YokOrX2SzE>

I write 1-2 threads per week.

Sharing stories about business, productivity, & building a better you.

My Goal: To help you learn while I do the same.

You can find all of my threads here.

Please read, enjoy, & share! \U0001f9f5

— Blake Burge \U0001f4a1 (@blakeaburge) [September 29, 2021](#)

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Let me help.

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The best content on Twitter, you may have missed, sent to your inbox every Sunday.

New issue drops tomorrow!

<https://t.co/O8nkCLIEIV>