

Twitter Thread by Vibhu Vashisth ■■



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■ Religious & Scientific Significance of Mango Leaves in Sanatan Dharma ■

The mango tree & its leaves are believed to be the residence of Gods like Lakshmi, Govardhan, Gandharva & the God of fertility. The significance of tying a garland of mango leaves, relates to Sri Ganesh..



...and God Murugan, the two sons of Goddess Parvati & Bhagwan Shiv, who were fond of mangoes.

Its said that God Murugan was the one who insisted people to tie green mango leaves, as it symbolizes a fertile crop & for general well-being. Since then the mango leaves r considered...



...to be very auspicious. The hanging of leaves near the entrance of house is popularly known as 'Toran' or 'Thoranam'.

Its considered extremely auspicious as its believed that it keeps evil spirits & negative energy at a bay. Its also believed that tying leaves can make...



Sumakurhan
Photography

...the house owner's wishes come true. The significance of hanging leaves is also mentioned in various Puranas and in the Bhagavad Gita - 'At each and every gate there were burning lamps and big water pots decorated with different colored

cloth,...

Why Do We Tie Mango Leaves In The Entrance Of Our House?
in Did you know?

Sacred Mango Leaves

In today's post let us see the significance of the auspicious mango leaves. Why are mango leaves considered auspicious in Hinduism? It is a strong belief that the mango leaves in bunches absorbs negativity; in another words they are used to eliminate evil eyes (Drishti).

These leaves are considered to be sacred in Hinduism. Five leaves of this tree in a pot that are smeared with sindoor or vermilion is a usual site in any Hindu religious ceremony (Kalasha).

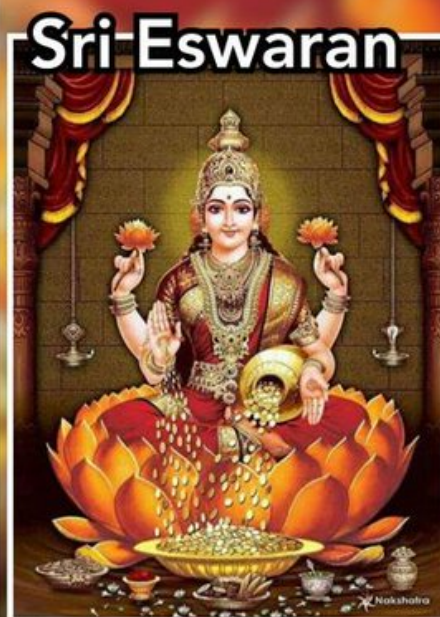
This auspicious mango leaves are embodied with many Gods and Goddesses. According to a legend the significance of tying a mango leaves relates to God Murugan and God Ganesha who are the two sons of Divine Shiva and Goddess Parvati, they were fond of mangoes.

It is said that God Murugan was the one who insisted people to tie green mango leaves, as it symbolizes as a fertile crop and for general well-being. Since then the mango leaves are considered to be very auspicious, apart from the belief that it removes negativity, these sacred leaves are also the symbol of propitiating the Gods and Goddesses and hence these leaves are tied in the entrance of our houses especially during the festival season.

Let us all invoke the blessings of God Murugan and chant this beautiful Sloka.

Shadananam Chandana Lepithangam
Mahorasam Divya Mayura Vahanam
Rudrasya Soonum Sura Loka Natham
Brahmanya Devam Sharanam Prapadye

I seek refuge with the god, who is Brahman,
Who has six faces,
Who applies sandal paste,
All over his body.
Who is the great essence,
Who rides on a peacock,
Who is the son of God Shiva,
And who is the lord of the heaven.



...strings of pearls, flower garlands and hanging mango leaves'(Srimad Bhagavatam 4.9.55)

It is common practice for Indians to decorate the main door of the house, temples or areas where rituals are being performed to be decorated with leaves.



Hindu traditions are not just traditions, they actually have scientific backing & logics behind them.

The garland is made with fresh green mango leaves because they are able to absorb carbon dioxide & release oxygen. This helps in keeping the surrounding atmosphere clean & fresh.

Theoretically, air is purified when it is filtered through the leaves. With freshly fallen leaves, they will still continue with photosynthesising process. In fact, because the chloroplasts are separate organelles from the rest of the leaf's cells much like mitochondria,...



Why do we use mango leaves
in toran?

Mango leaves release oxygen
till they turn brown in colour.
This helps to purify the air
when a lot of people gather
during functions.

Also, insects get attracted to
the green leaves.

This stops the insects from
entering the room.

Vedism

...they would be one of the last things in the leaf to stop working. As soon as the leaf dries out, photosynthesis no longer works. The darker the leaf, the longer time it has to create photosynthesis. At the same time, insects will be attracted to the leaves.

Health Benefits Of Mango Leaves

Regulates diabetes

Lowers blood pressure and risk of hypertension

Dissolve gall and kidney stones

Treats restlessness

Cures respiratory problems

Cures dysentery

Provides relief from ear aches

Heal burns

Cures hiccups

Prevents various stomach ailments



So it acts as a very cheap and safe insect repellent.

The colour green is also soothing and refreshing to the mind which helps to lower anxiety. Having a garland of leaves hanging at the doorway automatically relaxes you as soon as you get home.

Dry mango leaves are used to treat cuts and wounds especially when mixed with coconut oil. Having a garland of dry mango leaves makes it handy to treat wounds quickly.

Along with the leaves, it is a common practice to apply turmeric paste on the threshold of a house.

Mango (*Mangifera Indica*) Leaves Extract and Coconut Oil as an Antibacterial Ointment

Mango (*Mangifera indica*) leaves extract and Coconut Oil as an Antibacterial Ointment A Science Investigatory Project of Kristifany C. Mamba Bansud National High School-Regional Science High School for Region IV – MIMAROPA Pag-asa, Bansud, Oriental Mindoro Abstract The purpose of this study is to produce an antibacterial ointment out of Mango leaves extract and coconut oil. Young mango leaves were gathered and was chopped into small pieces. 50 mL of coconut oil was put in a frying pan. Then, the chopped mango leaves was added to the coconut oil. It was mixed for 10 minutes.

Next, the small bits of mango leaves were removed from the coconut oil. Lastly, candle wax was added to the mixture. It was stirred again thoroughly. The solution was transferred into an empty container and left to cool down. The mango leaves extract with coconut oil was tested at the Bureau of Plant Industry. It was tested against the bacteria *E. coli* and *S. aureus*. The resulting Numerical value was 2.5 for *E. coli* and 3.0 for *S. aureus*. The bureau used the standard parameter 1-2- slightly inhibited and 3-5 as partially inhibited. Thus, the inhibition of the mango leaves extract and coconut oil in *E. coli* was slight and it is partial in *S. aureus*. The researcher concluded that mango leaves extract with coconut oil can kill bacteria like *E. coli* and *S. aureus*. It can also be concluded that it can help wounds heal faster because of its antibacterial property. Chapter I Introduction Background of the Study The Philippines have many different herbal plants that can cure different illness like body pain, toothache, arthritis, and other diseases. The herbal plants we have contain helpful constituents and properties that can cure different kinds of diseases.

We can make useful product made from these plant and other materials. Nowadays, many herbal plants are being discovered with more uses. Many companies used herbal plants to make ointments, tablets, coffee or teas. Ointments are very useful in treating different kind of wounds. The production of ointments from herbal plants found in our country can help us minimize our dependence on the use of high – cost ointments. The herbal plant must have anti-inflammatory, anti-allergenic and antibacterial properties to produce an effective ointment.

Most of the wounds are infected by the common bacteria like *Escherichia coli*. As the wounds go deeper and become more complex they can infect the underlying muscles and bone causing osteomyelitis. Coliforms and anaerobes are associated with osteomyelitis in those people who have infected wounds. You also see the bacteria *Staphylococcus aureus* in the infected wound. Local factors that increase chances of wound infection are having large wound area, increased wound depth, degree of chronicity, the body, necrotic tissue, and mechanism of injury (bites, perforated viscus). (Neal R. Chamberlain. n. .) The mango leaves (*Mangifera indica*) and coconut oil possesses antibacterial activity against different bacteria. (Research Update of Mango and Mango Leaf Extract, n. d.). Coconut and olive oils are traditionally used to moisturize and treat skin infections. Extensive research done by scientists such as Jon J Kabara, PhD, has shown that the Lauric acid found in Coconut Oil is

Turmeric is well known for its anti-septic and anti-bacterial properties. While the leaves freshens the air and distracts the insects, turmeric applied around the door stops bacteria and other insects from entering the house.

