Twitter Thread by **III IIIIII IIIIIII**



@Sanatan_Science



#Science_behind_name_of_Hindi_months what is the reason behind the hindi name of the months? Why period of mid-March to mid-April is called as "Chaitra"? Let me show you some glimpse regarding this as per Sanatan Science. Our great sages were actually scientists.

They were well aware of the cycle of constellations and planets thousands of years ago. This is the reason Vedic astrology is so precise.

The naming of Hindi months has been done in a very scientific way,

In Sanatan(Hindu) calendar system we have two types of calendars.

Sor maas/Sankranti is based on Sun's cycle through different zodiac signs/Rashi's.

Chandra maas is based on Chandra's cycle/ journey in different nakshatras. which constellation Moon is passing through On Purnima(full-moon day), decided the name of the month.

Chandra-Mass(**MAND**) is almost 11 days smaller then Saur-Maas (**MAD**), This is why we add one month in every 3 years to chandra-mass, which we to call Adhik maas/Mal maas/purushottam maas.