

## Twitter Thread by [Ayush Raj](#)

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**Swat valley, Pakistan;  
the Switzerland of the East. Within this valley there is a famous place once known  
as Uruyana or Oruiyana, a sacred seat of religious practice in both Tantric  
Shaivism and Buddhism.**

**@DeepaShreeAB**

**@LostTemple7 @V\_Shuddhi @rightwingchora @desi\_thug1**

In fact, on the Buddhist side, the great Indian Siddha and transmitter of what came to be known as Dzogchen, Padmasambhava, is said to have originated from within this valley.

For the Shaivas we have the Krama lineage, whose promulgator, Jñananetra, received the fully enlightening transmission of Maṅgalī, a beneficent form of Kālī, at this same sacred seat (pīṭha).

Interesting, both of these esteemed masters were active in the 9th century, Padmasambhava likely being the older contemporary. Their shared geographical pedigree notwithstanding, the Krama lineage of Vajrayāna-inspired Shaivism and the esoteric teachings of the Nyingma

lineage of Tibetan Buddhism that sees Padmasambhava as its founder, have some fascinating commonalities that have yet to be fully explored.

These include the use of poetry or cryptic orally-transmitted statements to detonate a sudden and all-encompassing realization of Reality itself and a remarkable emphasis on the charismatic Guru in the transmission of enlightened awareness.

~ Ben Williams