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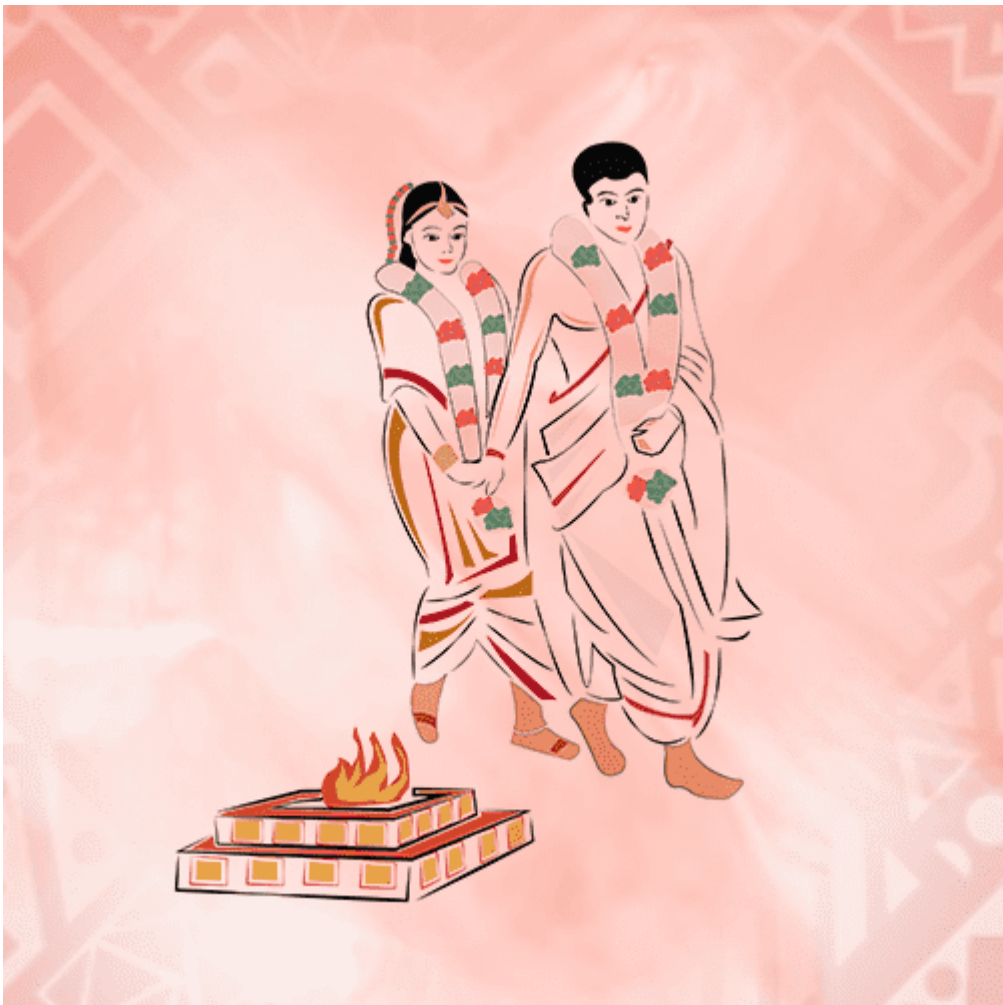
Saptapadi

The most essential rite (Sanskrit: [r■t■](#)) of a Hindu marriage ceremony is Saptapadi (English: seven steps, [saptapad■](#)). Saptapadi is a Sanskrit term that means "seven steps." The wedded couple walks seven steps after tying the Mangalsutra, which is known as Saptapadi.



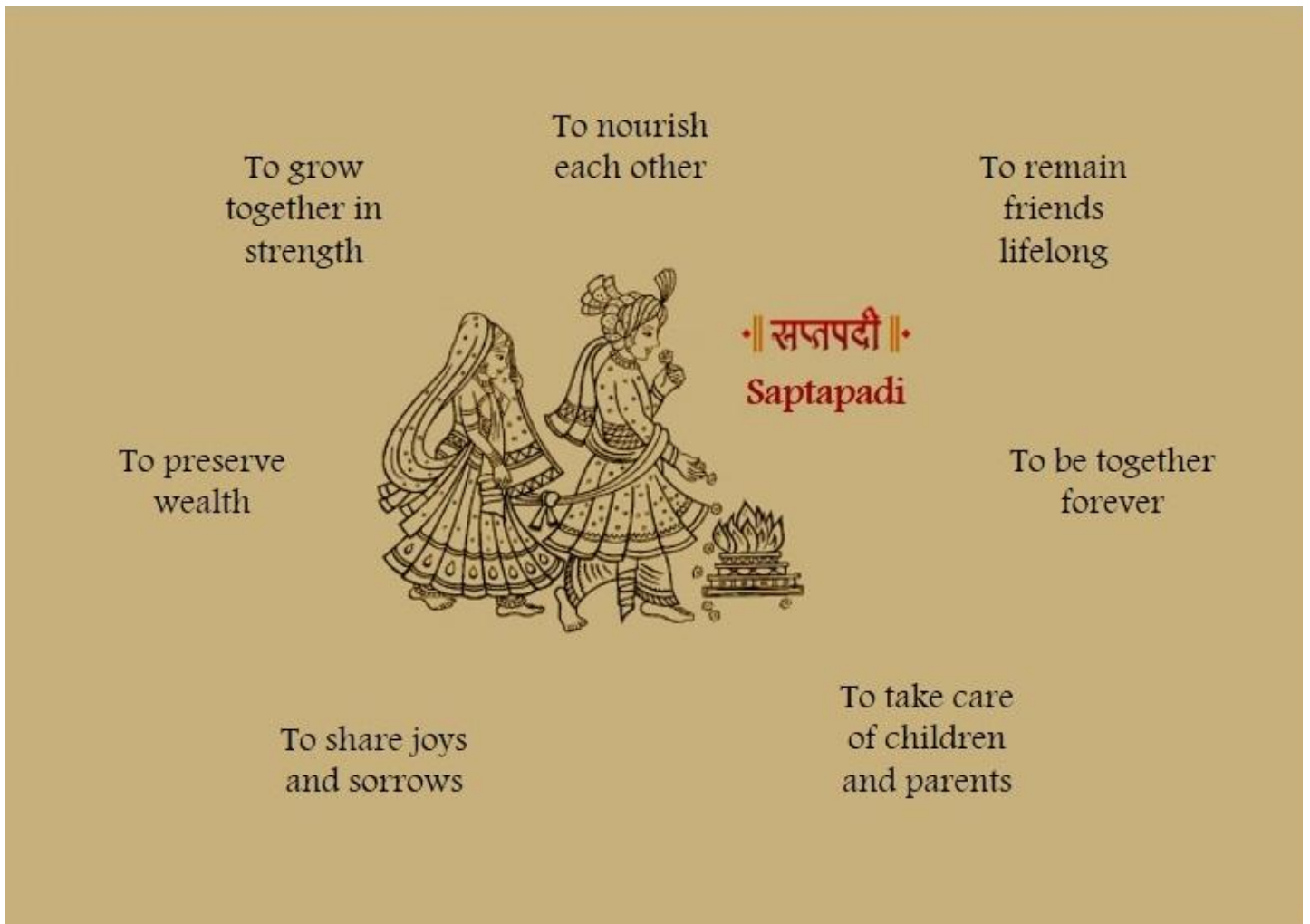
The couple legally becomes husband and wife after the seventh step.

Hindu wedding rituals: During Saath Phere, the bride and groom exchange their marital vows while circumambulating (walking around) the sacred fire seven times.



This is because the bride and groom exchange marriage vows and hope for a happy married life together.

1. The first marriage vow, out of seven, is a petition to the Lord for nutrition and nourishment for the Hindu bride and groom.



2. Hindu Bride and Groom: The second marriage promise is for strength in sickness, health, good times, and terrible times.

3. For the Hindu Bride and Groom - The third marriage promise is for the Hindu bride and groom's prosperity.

4. For Hindu Bride and Groom - The fourth pledge is to stand by their families in good times and bad.

The Fifth vow for Hindu brides and grooms is for progeny.

6. Hindu Bride and Groom - The sixth vow is for health, both in illness and in health.

The seventh vow is dedicated to love and friendship.

So, where does a woman rank behind a man?

But why only seven rounds around the fire, rather than nine, eight, five, two, or three?

The circle surrounding the fire is 360 degrees, and the number 7 is the only one from 0 to 9 that cannot divide 360 degrees.

You can't break the 7 vachan apart from each other. Marriage in Sanatan is not a contract, but a lifelong commitment.

Sanatan is that methodical.