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1.

Significance of Naga Panchami

Naga Panchami or Garuda Panchami is a very important festival, which is celebrated throughout India, more prominently in southern parts of India. Women undertake fasting and wholeheartedly pray for the well-being of their siblings.

2.
This ritual can help reduce the intensity of the affliction or congested energies from the snakes and the snake planets, Rahu and Ketu.
Snakes have assumed different forms in Indian mythology and act as the symbols of many deities.

3.
Lord Vishnu is often depicted in the posture of Ananta Sayana (reclining on the serpent, Ananta Sesha, king of snakes), with Ananta Sesha serving as his bed. Lord Shiva wears a serpent around his neck and Lord Muruga is also worshipped in the form of a snake.

4.
In the Treta Yuga (second epoch), Lord Rama's (7th incarnation of Lord Vishnu) younger brother Lakshmana was none other than Adisesha. In the Dwapara Yuga (third epoch), Adisesha took the form of Lord Balarama, Lord Krishna's (8th incarnation of Lord Vishnu), elder brother.

5.
Rituals of Naga Panchami
Naga deities and Naga Devatas are worshipped throughout the country. On this day, people go to the place where there are snake pits, offer cow's milk and pray to the serpents there. Some people go to the temples where the snake idols are installed.

6.
1. Worshipping snake God on Naga Panchami can pacify the ill effects of Kala Sarpa Dosha in your birth chart
2. Blessing of progeny 3.Revering Garuda, the vehicle of Lord Vishnu can bestow strong and healthier children
4.Appeasing the snake gods can protect you from snakebites

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