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A child or adult can get Long COVID. It doesn't matter if vaxxed or unvaxxed. If you had COVID asymptomatic, mild or severe you're at risk for LC.

A vast majority still suffer from LC since early last year. It affects multiple systems in body & symptoms can be debilitating.



Long COVID Symptoms

**Brain Fog, Shortness of Breath, Long term Oxygen,
Heart Palpitations, Strokes, Blood Clots**

2) You can feel better for days or weeks then relapse. Because symptoms can be debilitating it has caused many people to leave their jobs. It can effect the whole family.

3) These are only SOME of Long COVID Symptoms:

Brain fog

Forgetful,
Confused
Inable to concentrate
Headaches
Lowered IQ
Shortness of breath
Coughing
Inability to be active
Difficulty breathing, you may need prolonged O2
Heart palpitations
Chest tightness

4) Permanent lung scarring
Damage to organs Liver & kidney, brain
Strokes
Heart attacks
Pulmonary emboli
Dizziness
Muscle pain
Joint pain
Body aches
Chronic fatigue
Anxiety, depression
Difficulty sleeping
Losing sense of smell for over six months
Loss of taste
Hair loss