

Twitter Thread by Dickie Bush ■



Dickie Bush ■

[@dickiebush](#)



To master the creative process, give yourself permission to create junk.

This is one of the many things I learned diving into everything [@jamesclear](#) has published on creativity and building a writing habit.

Here's a thread of his best articles, tweets, and podcast appearances:

1/ Reasons [@JamesClear](#) writes

- Write for yourself
- Write to learn more
- Write to build a business
- Write to clarify your thoughts

But most importantly, writing is leadership at scale.

And it will carry your ideas further than anything.

<https://t.co/ZPpgosgUu9>

2/ Five steps to mastering the creative process

- 1) Give yourself permission to create junk
- 2) Create on a schedule
- 3) Finishing something
- 4) Stop judging your own work
- 5) Hold yourself accountable

I can't overstate the value of this resource ■■

<https://t.co/BcXkWFskel>

3/ How to overcome others (and yourself) judging your writing

- The first obstacle: overcoming your own judgment
- But once you start publishing, you will meet external judgment.

His advice comes from Mario Andretti:

Focus on the road, not the wall.

<https://t.co/xzqlcZH1zl>

4/ Three tips for getting started as a writer:

- 1) Publish on a schedule
- 2) Share your writing publicly
- 3) Write about what fascinates you

<https://t.co/LrrwBUqYJD>

3 tips for getting started as a writer

1. Publish on a schedule. Consistency develops ability.
2. Share your writing publicly. Writing is a magnet. It attracts like-minded people.
3. Write about what fascinates you. You don't need to be an expert. Curiosity leads to expertise.

— James Clear (@JamesClear) March 20, 2019

5/ How to overcome impostor syndrome

You don't need to be an expert to start writing.

You become an expert through writing.

Writing is the antidote to impostor syndrome.

<https://t.co/8y9YkK04OT>

Early on, I had these same types of questions and feelings of imposter syndrome. (Still do, whenever I venture into a new area.)

I was given the following advice: "You become an expert by writing about it each week."

Wise words. Put in your reps. Expertise will come. <https://t.co/YEnkgov5gL>

— James Clear (@JamesClear) October 24, 2018

6/ Writing is the antidote to confusion

You don't need to have everything figure out before you start writing.

You figure everything out once you start writing.

<https://t.co/Lt509q3WVv>

Writing is the antidote to confusion.

— James Clear (@JamesClear) [May 14, 2020](#)

7/ Writing is hard. And that's a good thing.

Just like lifting weights builds strength, writing builds clarity of thought.

Both are hard. But they're supposed to be.

<https://t.co/Iz9ERcsm67>

Many people assume they are bad at writing because it is hard. This is like assuming you are bad at weightlifting because the weight is heavy.

Writing is useful because it is hard. It's the effort that goes into writing a clear sentence that leads to better thinking.

— James Clear (@JamesClear) [August 2, 2020](#)

8/ If you want to teach, write.

Teaching something is the best way to learn.

And the best way to teach is through writing.

When you're forced to write something, you'll quickly identify the gaps in your knowledge.

Start writing before you understand.

<https://t.co/kyJF7ISVjO>

Your teaching ability is constrained by your writing ability.

If you can't write it down, it will be nearly impossible to teach it to others.

— James Clear (@JamesClear) [July 5, 2019](#)

9/ How to write well

The best writing simplifies, distills, and connects.

<https://t.co/wbdYdSSWfR>

The trick to writing well is to...

- take long sentences and make them short
- take confusing ideas and make them clear
- take unrelated concepts and make them related

...without losing the main idea in the process.

— James Clear (@JamesClear) June 27, 2020

10 / Favorite podcast appearances

James had dropped knowledge on an incredible number of podcasts.

These were my favorites where he dug into his writing process:

The first was this episode with of the Elevate Podcast with [@robert_glazer](#):

<https://t.co/8QY7S44tpM>

11/ Favorite podcast appearances (cont)

The next was this episode of the Creative Elements podcast with [@jayclouse](#)

<https://t.co/aOHdhDqAMo>

12/ Favorite podcast appearances (cont)

And finally, this episode with [@jposhaughnessy](#) and [@jfc_3](#) was an absolute gem as well.

<https://t.co/hBiQFu6hP9>

13/ That's it!

If you're looking to build a strong writing habit, these resources make up everything you need.

And most importantly, pick up a copy of [@jamesclear's](#) Atomic Habits, the book I've gifted more than any other book.

<https://t.co/kvMYkOmmQ6>

14/ If you're looking to build an online writing habit, check out #Ship30for30

James Clear's habit-building techniques and advice on the creative process are the foundation of our community

- Build a writing habit
- Meet like-minded people

<https://t.co/JJNKZQKb75>

15/ And finally, if you enjoyed this thread:

1. Follow me for threads 4x per week on writing, growth, and optimization
2. Jump up to the top of the thread and share it with others so they can find it too!

<https://t.co/mzl8hn672c>

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— Dickie Bush \U0001f6a2 (@dickiebush) [March 1, 2021](#)