Twitter Thread by V■■■■■■

V■■■■■■
@V_Shuddhi

Mahamrityunjaya Mantra-The Power Of Supreme Being and How The Mantra Originated

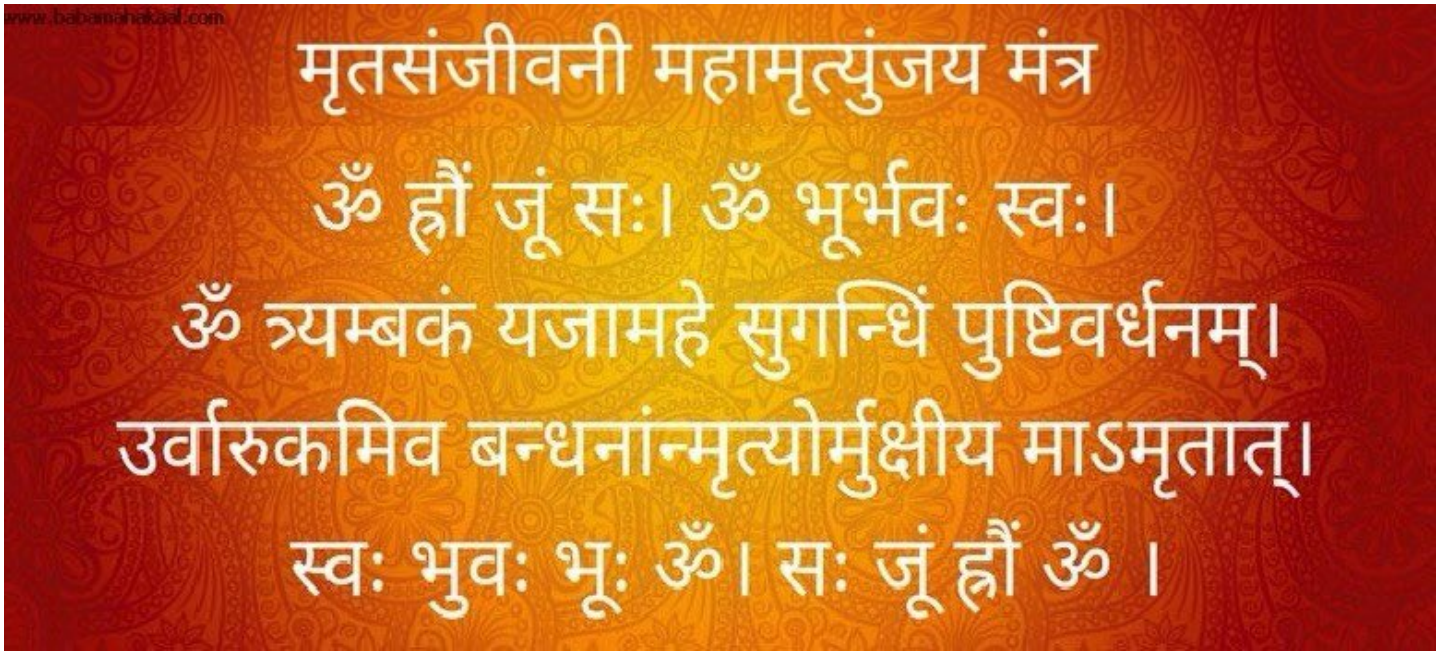
Mrityunjay is one of the famous name of Bhagwan Shiv. Mahamrityunjaya Mantra is dedicated to him and it holds Great Power.

#sawansomwar #HarHarMahadev #MondayVibes #■■■■■■_■■■

"Maha" means "Great",

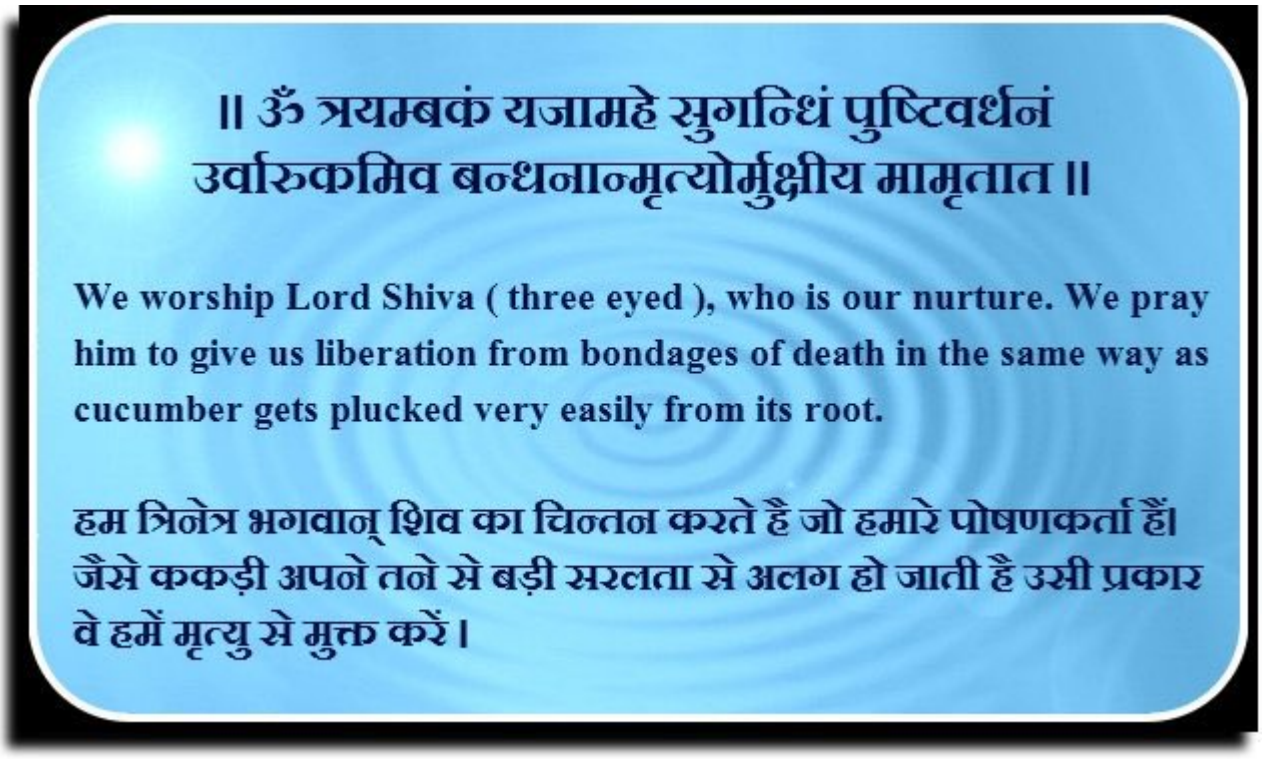
"Mrityun" means "Death" and "Jaya" means "Victory", and so the mantra means "Victory over mortality".

The mantra is also referred to as Mrita-Sanjivini Mantra or life-Reviving Mantra, found in the oldest Vedic literature, the Rig Veda (7.59.12).



This is how Mahamrityunjaya Mantra originated -

The great sage Mrikandu Rishi and his wife Marudmati worshipped Bhagwan Shiv and sought from him the boon of begetting a son. As a result, he was given the choice of either a righteous son, but with a short life on earth



or a child of low intelligence but with a long life. Mrikandu rishi chose the former, and was blessed with Markandeya, an exemplary son, destined to die at the age of 16.

Markandeya grew up to be a great devotee of Bhagwan Shiv and on the day of his destined death

he continued his worship of Bhagwan Shiv in his aniconic form of Shivalingam. The messengers of Yama, the God of death were unable to take away his life because of his great devotion and continual worship of Bhagwan Shiv. Yama then came in person to take away Markandeya's life,

and sprung his noose around the young sage's neck. By accident or fate the noose mistakenly landed around the Shivalingam, and out of it, Shiva emerged in all his fury attacking Yama for his act of aggression. After defeating Yama in battle to the point of death,

Bhagwan Shiv then revived him, under the condition that the devout youth would live forever.

Since then, it is said that the devotees who chant Mahamrityunjaya Mantra do not die prematurely.

For this act, Bhagwan Shiv was thereafter also known as Kalantaka ("Ender of Death").

This event, it is said, took place on the bank of river Gomati in Kaithi, Varanasi. An ancient temple Markandeya Mahadeva is made on this site. It's the place where river Maa Ganga and river Gomati merge so being a Sangam area, its sacredness increases.

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मारकण्डेय महादेव