

## Twitter Thread by V■■■■■■■



V■■■■■■■  
@V\_Shuddhi



**Mahamrityunjaya Mantra-The Power Of Supreme Being and How The Mantra Originated**

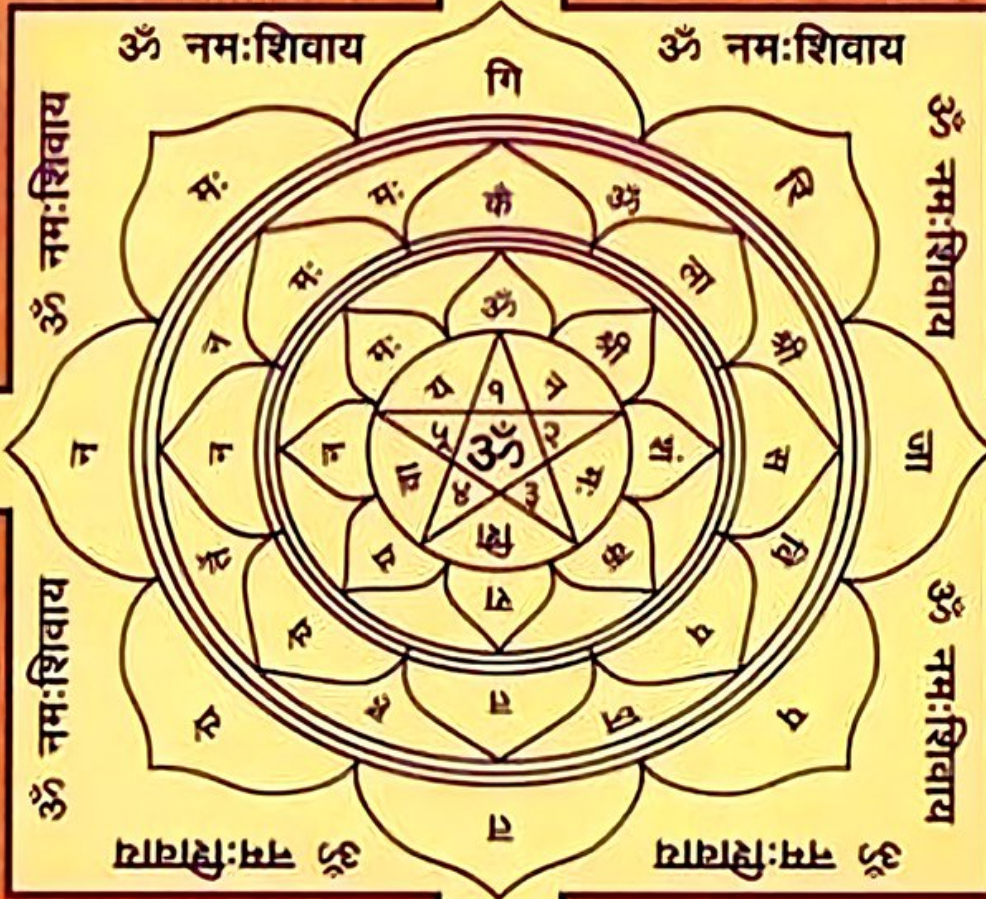
**Mrityunjay is one of the famous name of Bhagwan Shiv. Mahamrityunjaya Mantra is dedicated to him and it holds Great Power.**

**#sawansomwar #HarHarMahadev #MondayVibes #■■■■■■■\_■■■**

# SHRI MAHAMRITUNJAYEE YANTRAM

## श्री महामृत्युंजय यन्त्रम्

ॐ नमःशिवाय ॐ नमःशिवाय ॐ नमःशिवाय



ॐ नमःशिवाय ॐ नमःशिवाय ॐ नमःशिवाय

हस्ताम्भजेयुगस्थकुम्पयुगलादुद्धृत्य तोय शिरः  
सिञ्चन्तः करयोर्युगेन दधतं स्वांके सकुम्भी करौ ।  
अक्षसङ्मृगाहस्तमाम्बुजगतं मूर्धस्थचन्द्रस्रवत्पीयूषोन्नतनुं  
भजे सगिरिजं मृत्युञ्जयं त्र्यम्बकम् ॥



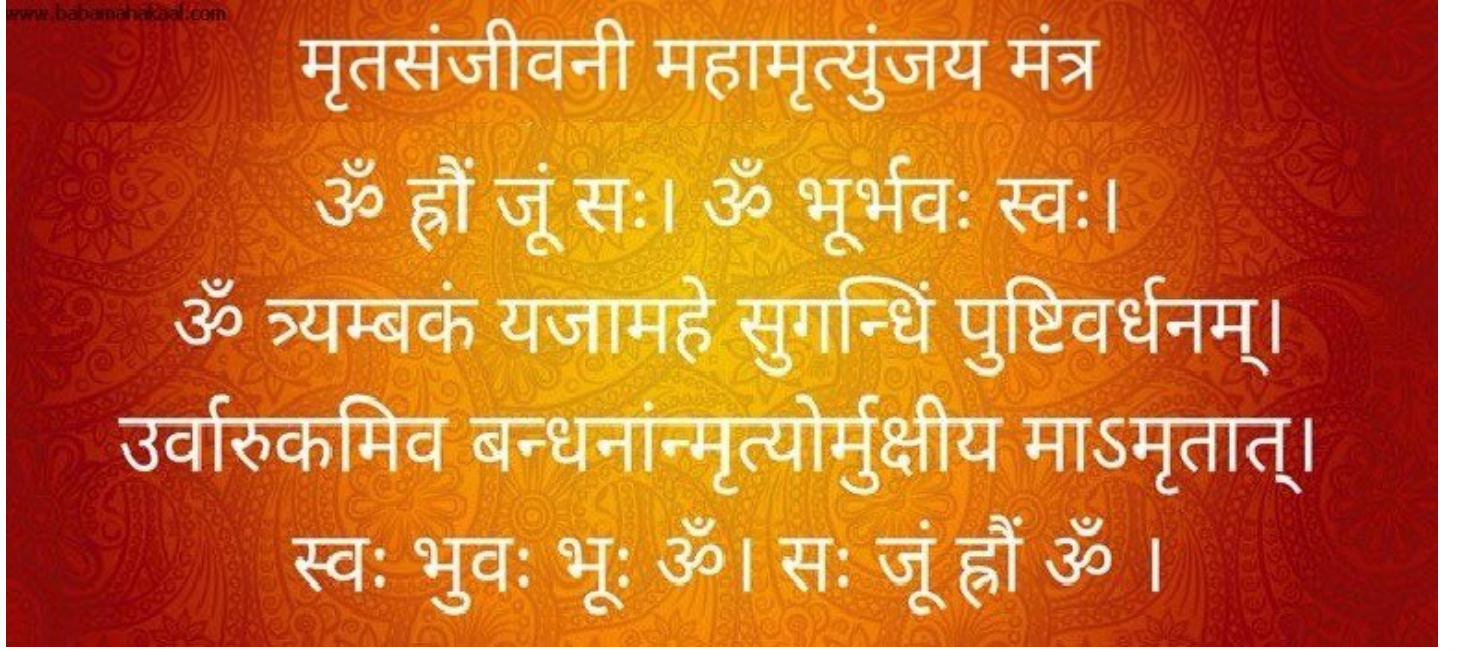
ॐ ह्रीं जूं सः ॐ भूर्भुवः स्वः  
ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनं  
सर्वार्थकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात्  
ॐ स्वः ॐ भवः भः ॐ सः जं ह्रीं ॐ

"Maha" means "Great",

"Mrityun" means "Death" and "Jaya" means "Victory", and so the mantra means "Victory over mortality".



The mantra is also referred to as Mrita-Sanjivini Mantra or life-Reviving Mantra, found in the oldest Vedic literature, the Rig Veda (7.59.12).



This is how Mahamrityunjaya Mantra originated -

The great sage Mrikandu Rishi and his wife Marudmati worshipped Bhagwan Shiv and sought from him the boon of begetting a son. As a result, he was given the choice of either a righteous son, but with a short life on earth

॥ ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनं  
उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

We worship Lord Shiva ( three eyed ), who is our nurture. We pray him to give us liberation from bondages of death in the same way as cucumber gets plucked very easily from its root.

हम त्रिनेत्र भगवान् शिव का चिन्तन करते हैं जो हमारे पोषणकर्ता हैं।  
जैसे ककड़ी अपने तने से बड़ी सरलता से अलग हो जाती है उसी प्रकार  
वे हमें मृत्यु से मुक्त करें।

or a child of low intelligence but with a long life. Mrikandu rishi chose the former, and was blessed with Markandeya, an exemplary son, destined to die at the age of 16.



Markandeya grew up to be a great devotee of Bhagwan Shiv and on the day of his destined death



he continued his worship of Bhagwan Shiv in his aniconic form of Shivalingam. The messengers of Yama, the God of death were unable to take away his life because of his great devotion and continual worship of Bhagwan Shiv. Yama then came in person to take away Markandeya's life,



and sprung his noose around the young sage's neck. By accident or fate the noose mistakenly landed around the Shivalingam, and out of it, Shiva emerged in all his fury attacking Yama for his act of aggression. After defeating Yama in battle to the point of death,





Bhagwan Shiv then revived him, under the condition that the devout youth would live forever.

Since then, it is said that the devotees who chant Mahamrityunjaya Mantra do not die prematurely.

For this act, Bhagwan Shiv was thereafter also known as Kalantaka ("Ender of Death").



ॐ त्र्यम्बकं यजामहे सुगन्धिं  
पुष्टिवर्धनम् उर्वारुकमिव बन्धनान्  
मृत्योर्मुक्षीय मामृतात्

This event, it is said, took place on the bank of river Gomati in Kaithi, Varanasi. An ancient temple Markandeya Mahadeva is made on this site. It's the place where river Maa Ganga and river Gomati merge so being a Sangam area, its sacredness increases.

