Twitter Thread by Kavita



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Most common question I get on twitter is how you manage Job■ and Trading ■
I have tried to answer with below thread,hope it motivates few to manage important things in life.

1. I love my Job and stock market is my hobby
2. I have 2 phones and on my main phone I don't have any social media app except office email ,other phone is for using WhatsApp and Twitter which I use for dedicated time and most of the time kept away.

3. I don't have TV■ in my home and haven't watched the same for couple of years now.
4. I am not active on any other social media like FB,Insta as I don't have any interest in other people's life or other person's photo.

5.For trading■ I only use one laptop,no extra screen .
6.For any type of learning I mostly read books on Kindle or search on internet rarely use YouTube as it can divert you and waste your time.

7.I have never subscribed to Netflix■ or Amazon prime.
Didn't watch any movies or webseries from last couple of years except Harshad Mehta webseries as it was related to stock market.

People might think it's boring but for your information I gather experience by travelling across the world not by watching something on screen.

I have visited most of the countries around the world and got lot of experience in professional and personal front.

8.We have 24 hrs in a day , 8 hrs for sleep 9-10 hrs for office 3 hrs for personal task, still you have 6 hrs left. 18 hrs in weekend which you can utilise for learning new skill,travel , spending time with family and close friends .

If anyone has time issue:- Delete all social media app WhatsApp ,Twitter ,FB ,YouTube . Unplug TV . Start reading books(hard copy).
You will have too much time in your life.
If you remove all above you will have atleast 5-6 hrs extra hours in your life.

How you train your brain is how it starts thinking .
Priotizing rules over goals■
Train your mind to stay away from unnecessary stuffs and stay focused on your goals
Utilise your time in productive activities

Adopt a good habit and change an old bad habit
Continuous hard work with thirst and patience will help you to reach your goal.

This is all I believe and do which helps me to manage important things in life ■
#WeekendWisdom #postivethought