

Twitter Thread by [Sanjeev Upadhyay](#)



[Sanjeev Upadhyay](#)

[@SanjeevUpadhy13](#)



Patakot, MP - Way to Patal Lok

#Thread

Our Sanatan Dharma talks about Patal Lok or the underworld. It is believed that Patal Lok is the home of the demons and nagas (serpents). Given that a place like Patakot also exists in Chhindwara district of Madhya Pradesh.

Ancient legends:

The dense green hills in the Tamia region of Chhindwara are inhabited by more than 2,000 tribes. Patakot is populated by the Bharia and the Gond tribes for many centuries. Until recently, these tribes were cut off from civilized world.

The Bharias hold the belief that it was at Patakot that Ramayana's Mata Sita disappeared into the earth, thus forming a deep cavity.

There is also a belief that after worshipping Lord Shiva, Prince Meghnad son of Ravana had gone to Patal-lok through this place only.

Another legend has it that Prabhu Hanuman, entered the underworld through this region in order to save Lord Rama and Lakshmana to salvage them from the shackles of demon Ahiravana.

Patakot's dark underbelly:

Patakot is blessed with dense foliage and is home to medicinal herbs, plants, animals and birds of various species. The top of the valley is as high as 1,200-1,500 ft, and a bird's eye view makes the landscape appear in the shape of a horseshoe.

The only source of water for the residents of the valley is Doodhi River. Interestingly, the entire region gets enveloped by darkness after noontime, so much so that sunlight cannot reach the depth of this valley.

Is Patakot the stairway to hell?

On the surface, Patakot may look like a deftly crafted mountain with a civilisation thriving right in its womb. Some say it as a deep gorge, which turned into what it is due to the trips of Shiva Ji to meditate in d quiet asylums of the valley.

Locals believe that Patalkot is the sole entrance to the Patal Lok, and they voluntarily keep a steady watch as the guards of the underworld. This valley had long been cut off from the outside and was discovered only a few years back.

More information is Most welcome.