

Twitter Thread by [REDACTED]

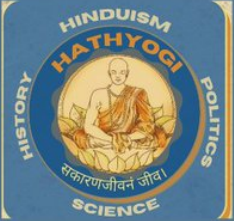


[REDACTED]

@hathyogi31



#Thread on analysis of Mahamrityunjaya Mantra-



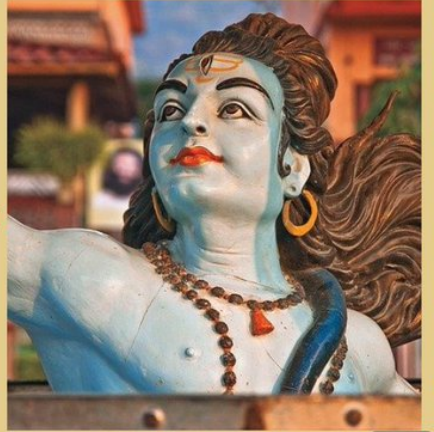
Analysis of Mahamrityunjaya Mantra

Mahamrityunjaya manta is considered as one of the most important and powerful manta.

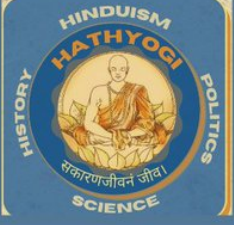
Mantra-

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् । उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय माऽमृतात् ॥

Short Meaning- We worship the Three-eyed Lord who is fragrant and who nourishes and nurtures all beings. As is the ripened cucumber freed from its bondage (to the creeper), may He liberate us from death for the sake of immortality.



<https://t.co/bEYAoUU8WW>



Analysis of Mahamrityunjaya Mantra

Full Analysis-

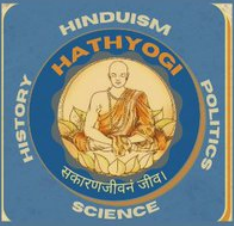
Tryambakam (त्र्यम्बकं): Trayambakam denotes that Lord who has three eyes is the lord of three worlds, three Gunas, Trimurtis etc. or Lord of everything which exists in Triad. The word Tryambakam has been mentioned in different puranas-

त्रयम्बकं यजामहे च त्रैलोक्यपितरं प्रभुम् । त्रिमण्डलस्य पितरं त्रिगुणस्य महेश्वरम् ॥ (Shiva Purana Rudra Samhita chapter 38)

Meaning- We worship lord Shiva having three eyes, who is the lord of three worlds and the master of three gunas.



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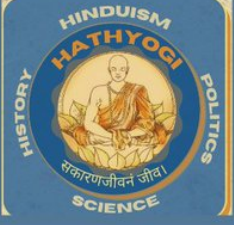
Analysis of Mahamrityunjaya Mantra

त्रयाणामपि लोकानां गुणानामपि यः प्रभुः । वेदानामपि देवानां ब्रह्मक्षत्रविशामपि ।
अकारोकारमकाराणां मात्राणामपि वाचक ॥ तथा सोमस्य सूर्यस्य वह्नेरग्नित्रयस्य च । अंबा
उमा महादेवो ह्यंबकस्तु त्रियंबक ॥ (Linga Purana II.54)

The word 'Tryambaka' has been defined as the one, who happens to be the lord of the three worlds, three gunas, three Vedas, three gods, three castes— He is revealed by the three syllables 'a', 'u', 'm'. He is the lord of three fires, Viz. : the sun, the moon and the fire. He represents Amba, Uma and Mahadeva. Thus, the lord of all the sets of three is known as Tryambaka.



<https://t.co/QRIFrEFZig>



Analysis of Mahamrityunjaya Mantra

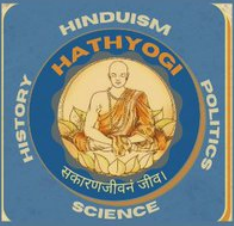
Yajāmahe (यजामहे): Mantra contains the words 'Yajāmahe' to denote that such Lord who is Trayambaka is to be worshipped by various methods:

तं पुष्टीवर्धनम् देवं घृतेन पयसा तथा । मधुना यवगोधुममाषबिल्वफलेन च ॥
कुमुदार्कशमीपत्रगौरसर्षपशालिभिः । हुत्वा लिंगे यथान्यायं भक्त्या देवं यजामहे ॥ (Linga Purana II.54)

We worship lord Siva in a proper manner and devoutly by performing homas with ghee, milk, honey, wheat, black gram, wood apple fruits, lilies, Arka flowers, Sami leaves, white mustard and Sali grains in a Linga.



<https://t.co/UBjwq1dF6T>



Analysis of Mahamrityunjaya Mantra

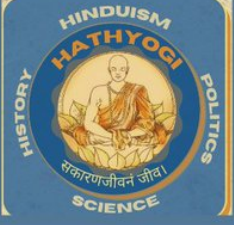
Sugandhim (सुगन्धिम्): Lord is called 'Sugandhim' because he is the essence of Everything which exists in this Universe just as Sugandha (fragrance) is the essence of a flower:

इन्द्रियेषु तथान्येषु देवेषु च गणेषु च । पुष्पे सुगन्धिवत्सरः सुगन्धिरमरेश्वर ॥ (Shiva Purana Rudra Samhita chapter 38)

As the fragrance is enshrined in the flowers, similarly he is found present in all the sense organs, the gods, gunas, in a very strong manner. And thus he is the Ishwara.



<https://t.co/E9yWFnE0Km>



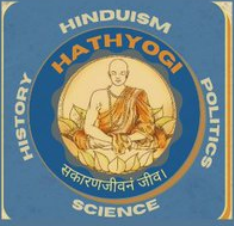
Analysis of Mahamrityunjaya Mantra

सुपुष्पितस्य वृक्षस्य यथा गंधः सुशोभनः । वाति दूरात्तथा तस्य गंधः शंभोर्महात्मन ॥
तस्मात्सुगन्धो भगवान्गंधारयति शंकर । गांधारश्च महादेवो देवानामपि लीलया ॥
सुगंधस्तस्य लोकेस्मिन्वायुर्वाति नभस्तले । तस्मात्सुगन्धिस्तं देवं सुगंधी पुष्टिवर्धनम् ॥
(Linga Purana chapter 54)



The splendid fragrance of a tree in a full bloom is wafted to a great distance. Similar is the fragrance of the great Lord. The lord is the fragrance or the holder of the fragrance on all other Devas. His fragrance is wafted in the world where the wind blows. Hence the attribute Sugandhim refers to the Lord. Now the word Pushtivardhanam is being defined.

<https://t.co/np6YwPXNLI>



Analysis of Mahamrityunjaya Mantra

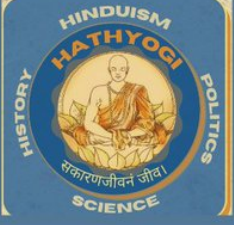
Pushtivardhanam (पुष्टिवर्धनम्): Lord is called Pushtivardhanam because he is the cause of the growth of the Universe, and source of nourishment of everyone:

विष्णोः पितामहस्यापि मुनीनां च महामुने । इन्द्रियाणां च देवानांतस्माद्वै पुष्टिवर्द्धनः ॥ (Shiva Purana Rudra Samhita chapter 38)

O Excellent sage, he happens to be Brahma, Visnu and other gods, who derive their nourishment from him.

यस्य रेतः पुरा शम्भोहरेर्योनौ प्रतिष्ठितम् । तस्य वीर्यादभूदण्डं हिरण्यमयमजोद्भवम् ॥ चंद्रादित्यौ सनक्षत्रौ भूर्भुवः स्वर्महस्तपः । सत्यलोकमतिक्रम्य पुष्टिवीर्यस्य तस्य वै ॥ पञ्चभूतान्यहंकारो बुद्धिः प्रकृतिरेव च । पुष्टिर्बीजस्य तस्यैव तस्माद्वै पुष्टिवर्धनः ॥
(Linga Purana II.54)

<https://t.co/7TqvFLCZCk>



Analysis of Mahamrityunjaya Mantra

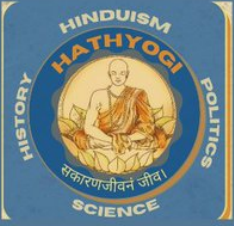
urvārukamiva bandhanān mrityormukshīya mā'mritāt (उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय माऽमृतात्): It is the latter half part of the Mantra. In the former part, Lord is praised with various attributes while this latter half part asks from the Lord. Mantra says that just as the ripened cucumber is freed from it's bandhan (bond) in the similar way may Lord free us from death and give Moksha which is Immortal.

सत्येनान्येन सूक्ष्मायान्मृत्युपाशाद्भवः स्वयम् । बन्धमोक्षकरो यस्मादुर्वारुकमिव प्रभुः॥ (Shiva Purana Rudra Samhita, chapter 38)

you will be surely freed from the noose of Yama. The lord is the cause of both bondage and Moksha and hence Lord is denoted as Urvarukamiva (in the mantra).



<https://t.co/06x6mRTZKg>



Analysis of Mahamrityunjaya Mantra

ऋतेनानेन मां पाशाद्वंधनात्कर्मयोगतः । मृत्योश्च बन्धनाच्चैव मुक्षीय भव तेजसा ॥
उर्वारुकाणां पक्वानां यथा कालादभेत्पुनः । तथैव कालः संप्राप्तो मनुना तेन यत्नतः ॥
(Linga Purana II.54)

The later half of the mantra is now interpreted. By the grace of the Rta (systematic worship), let me be released from the bondage of actions and reactions as well as fetters of death. Let me be released from the resplendence of the worldly existence. Just as a mature cucumber falls from it's stalk when the season arrives, so also, the time of liberation has arrived by the grace of mantra.



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