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Indians are famous for Jugaad.

Most parents are worried about their child and always make sure that they aren't addicted to drugs.

Each one listed below is addictive and has several side effects.



So let me tell you the 'jugaad'

1. Iodex Sandwiches

Applying a generous amount of Iodex balm on a slice of bread making the grossest sandwich ever! But they eat it as it gives

them a certain high & makes them feel light headed.



2. Drinking hand sanitizer/after shave lotions

One large bottle of hand sanitiser contains alcohol equivalent to 32 vodka shots!



3. Inhaling whiteners (liquid)/ink/deodorants

Again it gives a high. The habit might begin with a friend suggesting a way to relax after a rigorous period of studying or from information gleaned online or from the peer group.

