# Twitter Thread by ■yudhika ■■

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**Indians are famouspfor Jugaad.**

**Most parents are worried about their child and always make sure that they aren't addicted to drugs.**

**Each one listed below is addictive and has several side effects.**



So let me tell you the 'jugaad'

1. Iodex Sandwiches

Applying a generous amount of Iodex balm on a slice of bread making the grossest sandwich ever! But they eat it as it gives

them a certain high & makes them feel light headed.




2. Drinking hand sanitizer/after shave lotions

One large bottle of hand sanitiser contains alcohol equivalent to 32 vodka shots!




3. Inhaling whiteners (liquid)/ink/deodorants

Again it gives a high. The habit might begin with a friend suggesting a way to relax after a rigorous period of studying or from information gleaned online or from the peer group.


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