

## Twitter Thread by [Diana Butler Bass](#)



**[Diana Butler Bass](#)**

[@dianabutlerbass](#)



**Stay clear of those vexed in spirit.  
Learn to linger around someone of ease  
Who feels they have all the time in the world.**

**Gradually, you will return to yourself,  
Having learned a new respect for your heart  
And the joy that dwells far within slow time.**

**~ John O'Donohue**