

## Twitter Thread by Vibhu Vashisth



**Vibhu Vashisth**  
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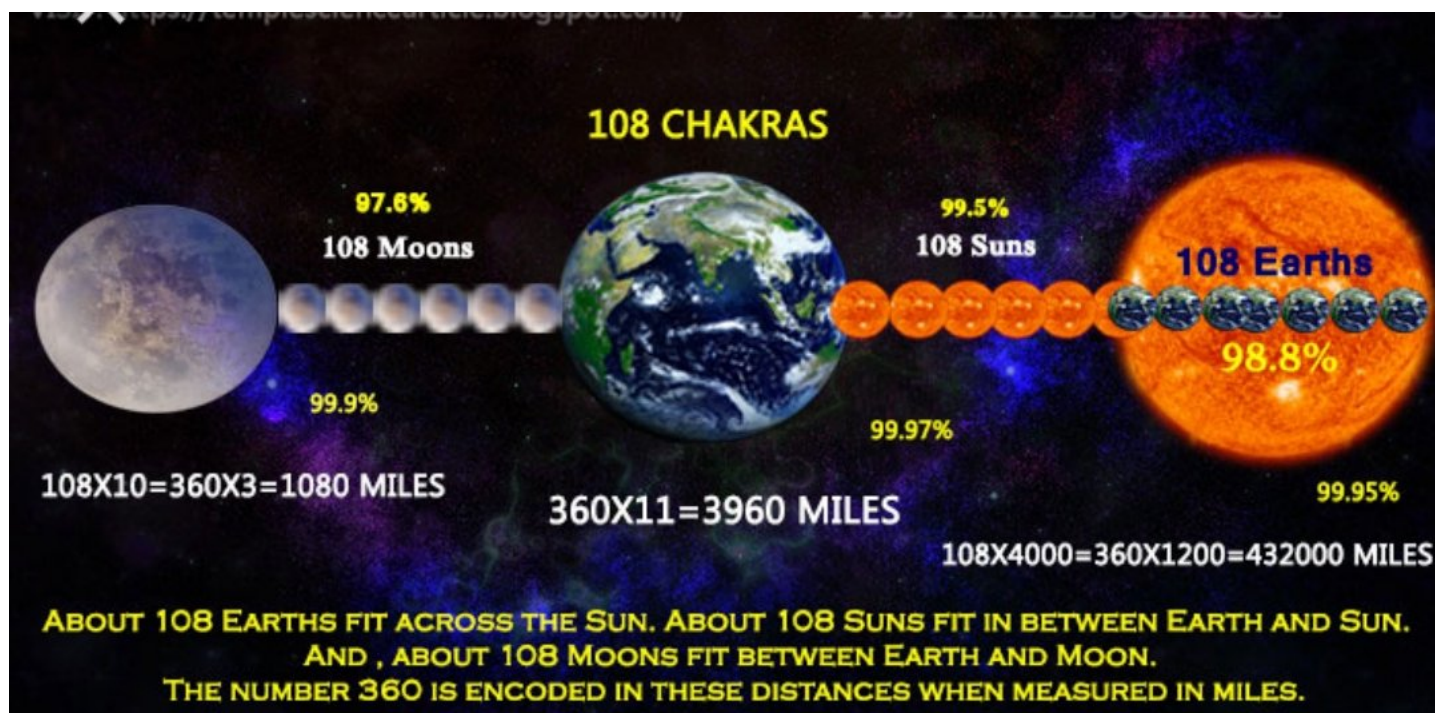


Do you know?

Why number 108 is so pious in Vedic Sanatan Dharma?

As per Vedic science, the universe is made up of 108 elements. And why 108 is auspicious for Hindus? Let us understand, there are many reasons.

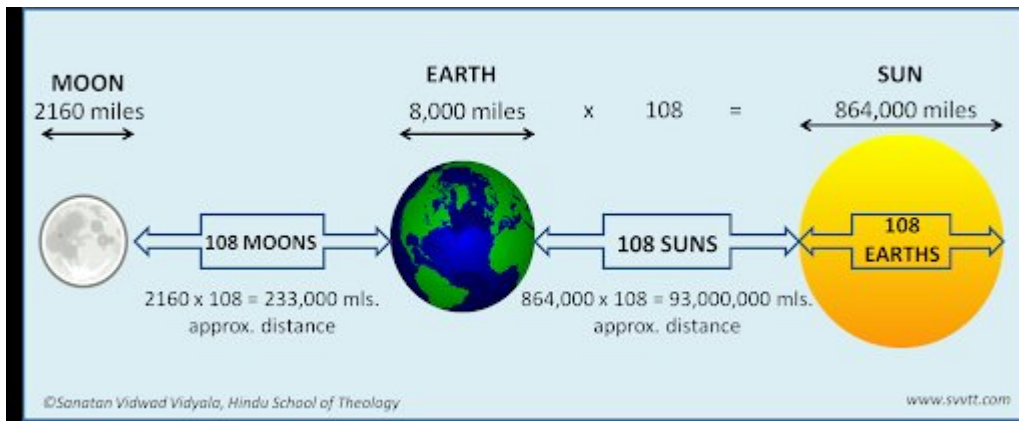
Vedic cosmology believes diameter of Sun is 108.7 times that of earth.



The distance between earth and sun is 108 times the sun.

The distance between earth and moon is 108 times the diameter of the moon.

Our eyes can see up to 3 dimensions but sages could perceive with their yogic powers beyond these real metaphysical dimensions.



Power of 1= 1; Power of 2= 4; Power of 3= 27. And  $1 \times 4 \times 27 = 108$ . This way our eyes perceive matter.

Shiva Purana records 108 Karanas in Tandava (Cosmic dance) as employed in Yoga, Vedic martial Arts part of Dhanurvedya, Kalaripayattu and Kung Fu.



## Sculptures of the Karanas performed by the god of dance - **Nataraja** - at Kadavul Hindu Temple, on Kauai, Hawaii.

Sri Yantra is made of Marmas which r intersection of 3 lines. There r 54 such intersections,each having masculine(Purusha)-consciousness&feminine (Prakriti)-matter,qualities.

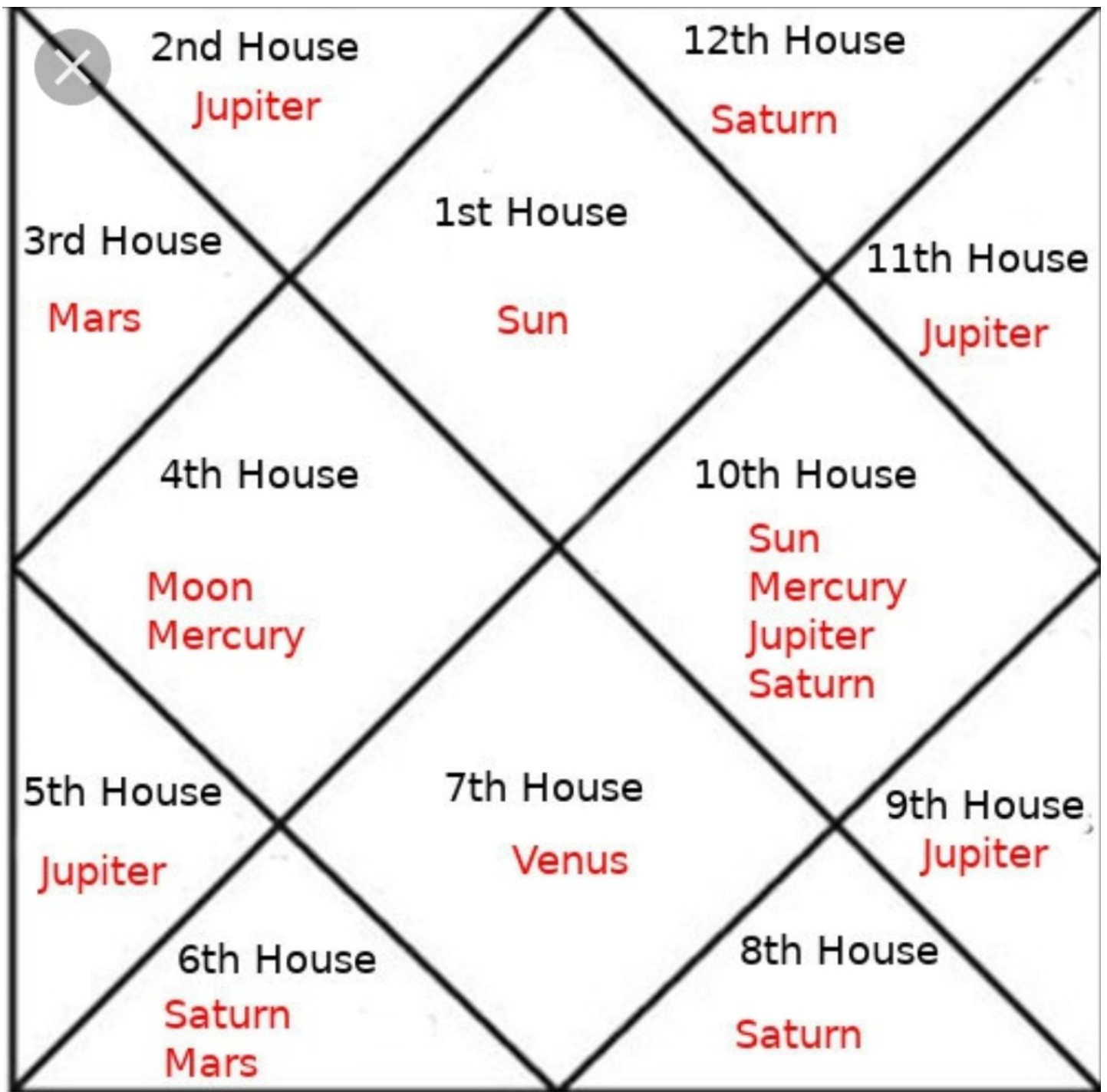
Thus,there r  $54 \times 2 = 108$  points.Sri Yantra is made up of 54 Pentagons&each angle of Pentagon is 108degrees.



The Atman or the human consciousness goes through 108 stages on its journey post death.

In Vedic Astrology, there are 12 houses and 9 planets. 12 times 9 equals 108.

Tantra estimates, in 1 minute, a healthy human breathes 15 times, in 1 hour 900 times and in 12 hrs 10800 times.



The Avg no. of breaths/day is 21,600 of which 10,800 r solar energy&10,800 r lunar energy.

A Mala(Vedic Rosary)is a string of 108 beads.

There r 27 Nakshatras (Constellations)in our Galaxy,each one of them has 4 padas/charan ( directions), $27 \times 4 = 108$ ,which encompasses whole galaxy

“... Tell me why do *tulasi malas* and *rudraksha malas* have 108 beads? ” ...

“108 represents the daily breathing count in a self-perfected man.

According to Tantra, every being breathes 21,600 times on an average. Of these, 10,800 are for solar energy and 10,800 for lunar energy. If you practice *pranayama* and meditation and achieve perfection, your breathing stabilises at **108**. That’s the point at which one realises the Self.”



## When Life Cartwheels

a novel by Raj Supe

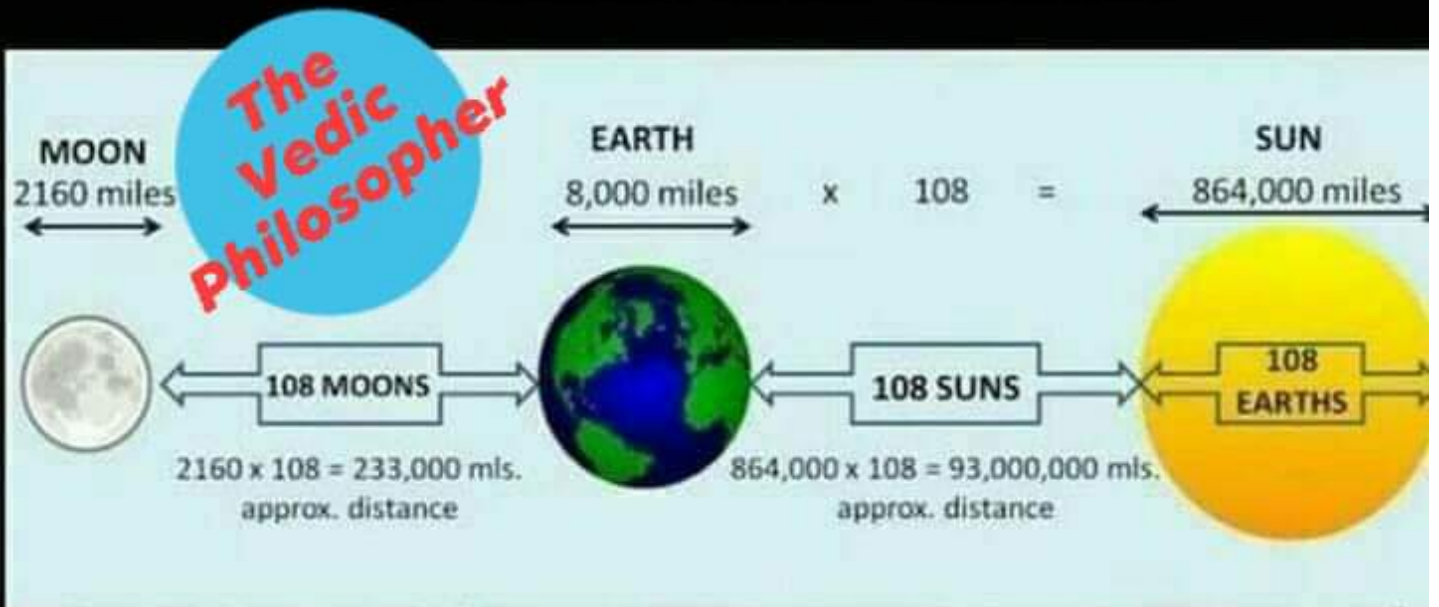
Shrimad Bhagavatam has 108000 Shlokas.

54 letters in the Sanskrit alphabet. Each has masculine and feminine.  $54 \times 2 = 108$ .

Jayatu Sanatan ■■

# Why 108 is important in Hinduism?

The Vedic Cosmology states diameter of Sun is 108 times that of Earth, distance between Earth & Sun is 108 times the Sun and distance between Earth & Moon is 108 times the diameter of Moon.



So 108 represents the universe. What Bharat astronomy said in 10,000 BC, NASA has proved it accurate today.

Be proud to be a part of this Unbelievable culture

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