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(gAyatri dhyAna shIoka)

- This shloka to meditate personified form of  was given by Bhagwaan Brahma to Sage yAgnavalkya (.
- 14th shloka of  which is taken from , goes as follows..



- The other two hands have '■■■■■' a hook, which represents control over the mind and '■■■■■' a whip, which denotes control over the senses.



- In one of the hands, she holds '■■■■■■■ ■■■■■■', a clean skull which represents a vessel. It is symbolic to '■■■■■■■■■' or eligibility of having a clear mind, which is important to enhance once perception.



- In another hand, she holds a mace '■■■■', which is a symbol of Power & Strength, which is used to destroy enemies.
- She also holds a conch '■■■■■■', which is the source of the first articulate sound '■■■■■■■'.



- In the next hand, she holds a rotating wheel '■■■■■■■■', it is compared with the mind which rotates swiffer than the winds '■■■■■ ■■■■■■■: ■■■':.



- In the last two hands she holds two lotuses '■■■■■■■■■■■■■■■■■■■■' which depict abundance in the material world.

