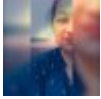


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AMALAKI EKADASHI: TODAY

Ekadashi is the day when devotees observe vrata to please Sri Vishnu. On Amalaki Ekadashi, the Amla tree (gooseberry) is worshipped along with Sri Vishnu as amla is his favourite.

The origin of amla is said to have been from Brahma's tears.



After emerging from Sri Vishnu's navel, Brahma wondered who created him and wanted to know the purpose of his birth. He performed intense penance to know the answer. When Sri Vishnu appeared before him after a long time, Brahma had tears of joy in his eyes

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Vishnu said that the tears would transform into Amla trees and the Amla fruits would be dear to him. He also said that those who worship the Amla tree on the Phalguna Shukla Paksha Ekadashi Tithi would get blessed by him.

Then onwards, people worship Amla along with Sri Vishnu.



It is said that Ma Lakshmi resides in Amla tree. Sri Krishna and Radha Rani are said to reside near the tree. Besides, Amla is known for its medicinal qualities. It is the store house of Vitamin C. Amla has excellent immunity boosting and antioxidant properties.

