Twitter Thread by Jayesh Mehta



Jayesh Mehta
@JMehta65

Today, I took a shot of #CovidShield vaccine at Nanavati Hospital, Mumbai..
Some important guidelines to be followed by those who have yet not registered on #AyogyaSetuApp or Cowin website..
1) Registeration is done through #Aadhaar card..If you are 60+ then only #Aadhaar +
1/7

+ will suffice..If you are between 45 and 60 then you must have been suffering from #Comorbidity .
You have to get your comorbidity medical certificate from a RMP..Choose vaccination centre near to ur place..Prescribed format of medical certificate is attached in screen shot.
2/7

Annexure 1(B): Certificate to identify individuals with co-morbidities that enhance the risk of mortality in COVID-19 disease for priority vaccination

(To be filled by a Registered Medical Practitioner)

Name of beneficiary:	
Age:	Gender:
Address:	
Mobile phone number:	
Identification document:	

Accepted Co-morbid conditions for vaccine.

I, Dr. _____, working as _____ have reviewed the above named individual and certify that he/she has the below mentioned conditions based on the records presented to me. A copy of the records on which this certificate is based is attached.

Presence of ANY ONE of the following criteria will prioritize the individual for vaccination

SN	Criterion	Yes/No
1.	Heart Failure with hospital admission in past one year	
2.	Post Cardiac Transplant/Left Ventricular Assist Device (LVAD)	
3.	Significant Left ventricular systolic dysfunction (LVEF <40%)	
4.	Moderate or Severe Valvular Heart Disease	
5.	Congenital heart disease with severe PAH or Idiopathic PAH	
6.	Coronary Artery Disease with past CABG/PTCA/MI AND Hypertension/Diabetes on treatment	
7.	AnginaAND Hypertension/Diabetes on treatment	
8.	CT/MRI documented stroke AND Hypertension/Diabetes on treatment	
9.	Pulmonary artery hypertension AND Hypertension/Diabetes on treatment	
10.	Diabetes (> 10 yearsORwith complications) AND Hypertension on treatment	
11.	Kidney/ Liver/ Hematopoietic stem cell transplant: Recipient/On wait-list	
12.	End Stage Kidney Disease on haemodialysis/ CAPD	
13.	Current prolonged use of oral corticosteroids/ immunosuppressant medications	
14.	Decompensated cirrhosis	
15.	Severe respiratory disease with hospitalizations in last two years/FEV1 <50%	
16.	Lymphoma/ Leukaemia/ Myeloma	
17.	Diagnosis of any solid cancer on or after 1st July 2020 Orcurrently on any cancer therapy	
18.	Sickle Cell Disease/ Bone marrow failure/ Aplastic Anemia/ Thalassemia Major	
19.	Primary Immunodeficiency Diseases/ HIV infection	
20.	Persons with disabilities due to Intellectual disabilities/ Muscular Dystrophy/ Acid attack with involvement of respiratory system/ Persons with disabilities having high support needs/ Multiple disabilities including deaf-blindness	

I am aware that providing false information is an offence.

Name of RMP:_____

Medical Council registration number of RMP: _____

Date of issuing the certificate: _____

Place of issue: _____.

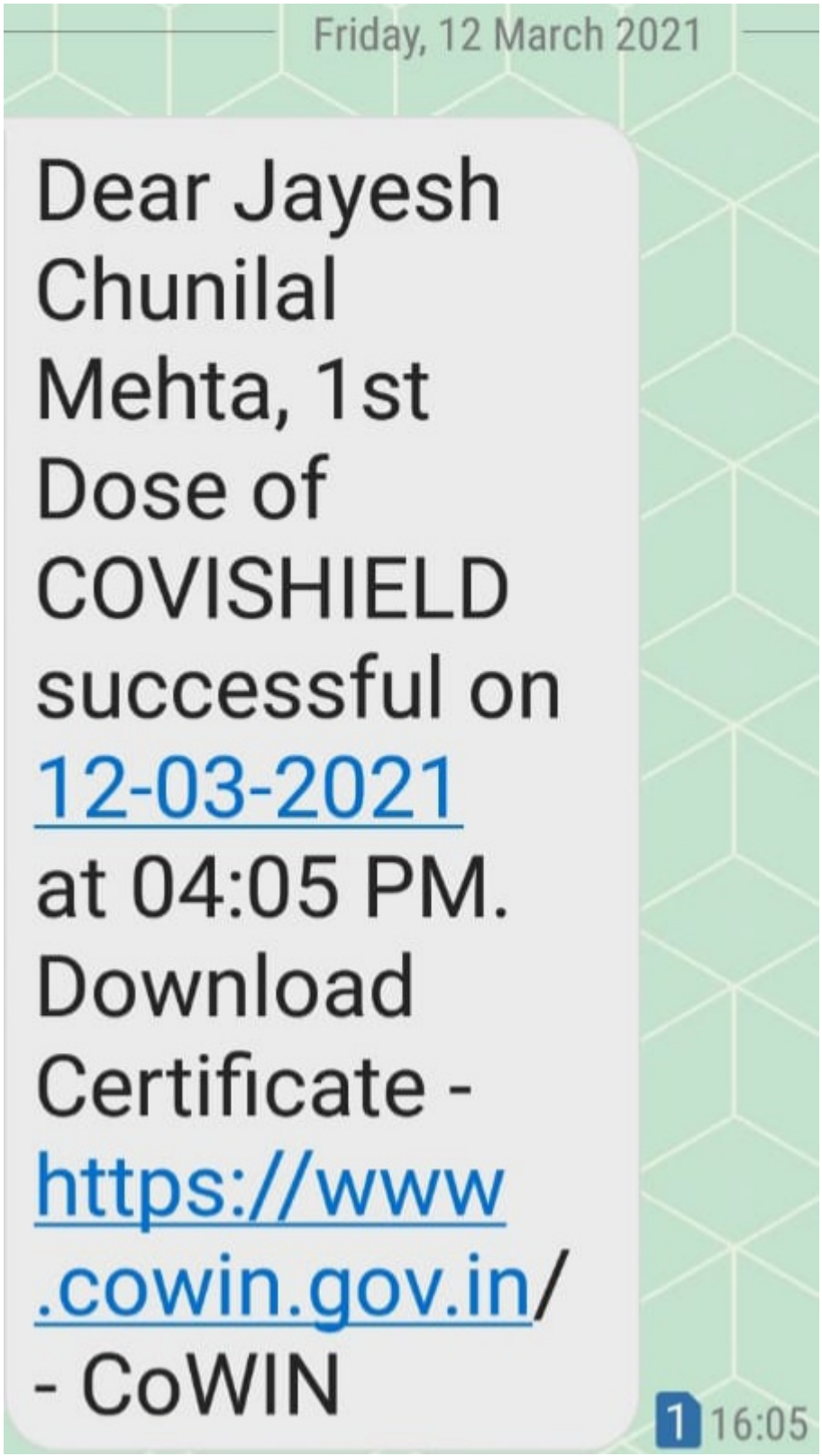
(Signature of RMP)

2) Before visiting vaccination centre, you must take proper intake of food.
3) You have to carry your original #Aadhaar card only, if you are not having any comorbidity..In case you have comorbidity then you have to also carry your original medical certificate issued by a +
3/7

+ RMP in the prescribed format.
4) If you are being treated for any cardio vascular disease or diabetes or blood pressure then u must carry doctor's prescription of medicines consumed by you.This is necessary because, #CovidShield has contraindications against few medicines.
4/7

Once you have been given ur shot, u will kept under observation for about 20-30 mins..
You shall be given instructions to be followed for next 2-3 days.
5) You should apply an ice pack at the place, vaccine has been administered to u..No massaging at that place, must be done.
5/7

There is a likelyhood of u having fever in next 48 hrs..In case of fever, u would be prescribed Dolo-650 mg.
6) Once u have been administered ur shot, u will get SMS like the one attached in the screen shot.
7) You will be given phone number of help centres in case u need it.
6/7



So, folks nothing to be anxious about..Our doctors & medic staff are doing an amazing job..Please dont dither in taking ur vaccine shot..Trust our scientists & vaccine manufacturing companies.

Finally thank u @narendramodi ji for navigating us through such difficult times.
7/7