

Twitter Thread by **SK**



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Heard about a Marathan run that is conducted as part of Maha Shivarathri celebrations -Shivalaya Oottam

Marathan run by devotees covering 12 Shiva Alayams/ Temples chanting Govinda..Gopala...

This practice is related to an legend #story of #Mahabharata

Do read this #Thread



Devotees dressed in khawi/saffron cloths, will run /walk to one Shiva Alayam to other, covering 12 Shiva Alayams in Kanyakumari district by foot & total distance is abt 88 Km.

First temple is Thirumalai Mahadevar Temple, Munchirai

During the run, they take holy dips in temple tanks.



Devotees who cover the distance by foot observe Vriddham for a week. During fasting they eat tender coconut, Nungu & Tulsi water. Those who cannot run this distance, visit all 12 temples in vehicles.

After darshan in Thirumalai temple, they go to 2nd temple Thikkurichi Mahadeva Temple.

Followed by darshan at Thirunandikarai Shiva Temple, Ponmanai Thimbilankudi Mahadevar Temple, Thiruppanri Bhagam Shiva Temple, Kalkulam Neelakanda Mahadevar Temple, Melangode Shiva Temple, Thiruvadaikodu Mahadevar Temple. Lastly to Thirunattalam Sankara Narayan Temple.



All these shiva temples, have separate sannathi for Vishnu.

Interestingly, in each of these temples, prasad is Vibuthi or bhasma & at Thirunattalam Sankara Narayan Temple the prasad is sandal paste/Chandan symbolic of unity of Shiva & Vishnu.

Legend #story ■

Yudhishtira was in preparations to conduct Rajasuya Yagna. For this, he needed milk of PurushaMirugham. And was a staunch believer of Bhagwan Shiva, disliked Bhagwan Vishnu & Vishnu devotees. Krishna asked Bhima to bring PurushaMirugham to Yagna.

Bhima was given 12 Rudhraksha beads by Krishna. Krishna asked Bhima to chant Govinda...Gopala to make PurushaMirugham chase him & in case if it comes near, he asked Bhima to drop the bead. Bhima did as advised by Krishna. Rudhraksha bead when dropped instantly became Shiva Lingams.

PurushaMirugam, a Shiva devotee, would do puja to Shiva Lingam before moving forward, giving Bhima some time to run a little ahead. Bhima chanted Govinda.. Gopala as he ran. Finally he had dropped all 12 beads, was nearing his kingdom. Purusha Mirugam was about to catch Bhima.



Bhima placed his one leg in their kingdom the Purusha-Mirugam caught him. Bhima told that he is in his kingdom & should be left free. Purusha Mirugam argued that one leg was outside so he should become his food. They went to Yudhishtira to resolve their dispute.

Yudhishtira heard their claims.

Yudhishtira said that the body of Bhima be split into two halves & one half be given to Purusha Mirugam as one leg was outside kingdom. Purusha Mirugam was overwhelmed to hear the judgment. At that moment, Shiva gave Darshan as Sankara Narayan.



Purusha Mirugam understood that Hari & Haran are one and the same. Also Purusha Mirugam willingly gave his milk for the Rajasuya Yagna.

Shivalaya Oottam is conducted to re-emphasize the fact Hari & Haran are the same.
Unique thing - chanting the name of Vishnu & visiting Shiva temples

All ■ in this thread credit to resp. owners

Source text - based articles about Shivaya Oottam in various news articles/blogs

There is a beautiful article about Shivaya Oottam in Swarajya ■

<https://t.co/jugsGSvkj9>

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