

## Twitter Thread by Brahmasri Samavedam Shanmukha Sarma




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### Ratha Saptami, Surya Jayanti - Importance - #Thread


The seventh day of the lunar calendar in the bright half of 'Magha' month is called 'Ratha Saptami'. Worship of Sun on this day grants immense merits equal to the worship of Sun for one complete year.







## Slokas to recite while taking bath on Ratha Saptami



नमस्ते रुद्र रूपाय रसानां पतये नमः  
 अरुणाय नमस्तेस्तु हरि वास नमोस्तुते ॥  
 यद्यज्जन्म कृतं पापं मया जन्मसु सप्तसु  
 तन्मे रोगंच शोकंच माकरी हान्तु सप्तमी ॥  
 एतज्जन्म कृतं पापं यज्जन्मान्त दार्जितं  
 मनो वाक्कायजं यच्च ज्ञाता ज्ञाते च ये पूनाः ॥  
 इति सप्त विधं पापं स्नानान्मे सप्त सप्तिके  
 सप्त व्याधि समायुक्तं हर माकरि सप्तमी ॥



[www.rushipeetham.org](http://www.rushipeetham.org)

On this day at the time of brahmi muhurta, all the stars will be in the shape of chariot. Worship of Aditya, the embodiment of all gods, on this day grants brilliance, abundance, health etc. Giving 'Arghya' to Sun in copper pot, worshipping with red sandalwood and red flowers..



..should be done and milk pudding cooked using cow dung cakes as fuel should be offered in leaves of green bean tree. Offering of pumpkin is very meritorious, as this time is equivalent to the time when the eclipse of sun is happening.



Goddess presiding the Saptami Tithi is propitiated with the following sloka.

■■■■ ■■■■ ■■■■■■■■ ■■■■■■■■ ■■■■ ■■■■■■■■  
 ■■■■ ■■■■■■■■ ■■ ■■■■ ■■■■■■■■ ■■■■■■■■ ■■■■■■■■

Those who want to have health, knowledge, wealth & good life should worship Sun irrespective of caste, creed, & gender.

"■■■■■■■■■■■■■■ ■■■■■■■■ ■■ ■■■■■■■■ ■■■■■■■■ ■■■■■■■■".

As this time is equivalent to the time when the eclipse of sun is happening, it is very auspicious for bathing, charity and Japa. Offering of pumpkin is very meritorious on this day.

सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः  
सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः  
सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः

Those who worship ‘Ravi’ following the Vrata by eating only once on Māgha Śuddha Śaṣṭhi or Saptami will get the result of performing Aśvamedha Yajña.

सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः  
सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः !!

Those who worship ‘Bhaskara’ doing fasting on Māgha Śuddha Śaṣṭhi/Saptami will attain exalted state.

सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः  
सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः  
सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः

Those who fast & perform worship of ‘Bhaskara’ contemplating to be present in white hue on Śukla Saptami day will be relieved from all sins & reach abode of Śrīya.

सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः !  
सप्तमि व्रतं कुरुष्व भक्तः सप्तमि व्रतं कुरुष्व भक्तः !!

There is no doubt that all the sins of those who perform prostration to Śrīya touching the floor with head are destroyed at the very moment.