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24 Trading Affirmations■

Relevant to trading that you may record in your own voice and hear it daily.

Over a longer period and at the right moments during your trading, you may be prompted of them

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1. Greed

I trade just twice or thrice a day allows for precision to come into my trading and controls my greed and overtrading.

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2. Patience

I adopt an appropriate amount of Patience as a balance between fear and greed.

I maintain the required patience to attain my entry and exit

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3. Trust

I trust and follow my signals unquestionably for entry and exit.

I trust my setup and the process adopted to trade.

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4. Anticipation

I do not trade in anticipation of a change in trend before it signals.

I remain in the present while I day trade.

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5. Discipline

Discipline within is to know where to stop and stick to the decision.

I am disciplined with my process.

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6. Mechanically

I consistently earn every day by entering and exiting a trade purely as a mechanical exercise.

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7. Living in a Trend

I live with the trend.

I remain with the trend.

I flow with the trend.

I live with the flowing energies of the trend.

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8. Nature is Supreme

I do not try to beat the market or be offensive to it.

The market's price movement is supreme.

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9. Brain

My brain is programmed to generate earnings every day.

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10. Rewiring Consciousness

I am deleting past old loss-making recorded actions with new transformational trade executions; thereby creating new profit-making coded recordings and rewiring new synapses.

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11. Tested Concept

I stick to my tested and trusted concept through market hours.

I believe in the concept I follow.

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12. Profit Target

My profit target is to earn @ above 23.6% of my day's opening limit.

I strive to achieve my targets and work towards profits.

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13. Exits

I leave it to the system signals to intimate me to exit, and profit optimally from the trade.

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14. Reward

I am committed and accountable to profit every day.

That is my way to reward myself.

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15. Opulent

By earning every day by day trading, I have made myself financially rich and opulent.

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16. Humdinger

(Meaning: a remarkable or outstanding person or thing of its kind)

It is a Humdinger that I earn money everyday.

I am aware of this.

I,<.....> in my trading hours have more winning trades and make money everyday.

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17. Mental Supremacy

At the end of it all, trading has given me mental supremacy, money, wealth, and happiness.

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18. A Habit

I keep ending each day in profit repeatedly.

I do it over and over again.

Profit-making is now a habit.

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19. Being Lucky

Profiting from a trade is making me lucky.

I believe I am lucky. Luck always favours me.

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20. Serenity

My Earning from Good Trading comes from serenity of mind.

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21. Must Achieve

I know well that a 'Must Achieve' attitude is not everything. I may risk money chasing achievement.

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22. Stop Loss

I ensure my stop loss is never hit.

I ensure my stop loss is placed safely far away.

I Enter & Exit accordingly.

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23. Fear

I exit on instinct even before fear grips me.

However if in fear, I intend to act rationally using my exit process.

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24. Hope

I hope that things will fall in place and I would exit unhurt.

But I be judicious about hope. If need be I exit.

With money, I do adopt the no-waiting in hope policy.

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