Twitter Thread by Matt Milos

Matt Milos
@selfautonomy

17 Latin phrases that'll teach you more life lessons than 33 self-help books:



Amor Fati

"Love your fate"

Whatever happens to you, embrace it as part of the great story that is your life.

Acta non verba

"Deeds, not words"

Actions speak louder than words, so you better practice what you preach.

Memento Mori

"Remember death"

Reminding yourself of your inevitable death will inspire you to live a more fulfilling life.

Audentes fortuna iuvat

"Fortune favors the bold"

Great rewards can only be achieved through courageous risks.

Premeditatio Malorum

"The premeditation of evils"

Imagine tragedies in your head, so you're not destroyed when they inevitably happen.

Deus sive Natura

"God, or nature"

The creator and the creation are one and the same.

Fac, Si Facis

"Do it if you're going to do it"

Don't talk about what you're gonna do, for you'll learn more by taking action.

Nullius in verba

"Take nobody's word for it"

Instead of trusting others, verify the truth of things for yourself.

Natura non constristatur

"Nature is not saddened"

The universe is indifferent to your emotions, and owes you nothing.

Dulce periculum

"Danger is sweet"

Life is best lived on the edge, away from the status quo and your comfort zone.

Aquila non capit muscas

"The eagle does not catch flies"

Don't concern yourself with the opinions of people who don't deserve it.

Vincit qui se vincit

"He who conquers himself, conquers"

Knowing and mastering yourself is the most important battle in life.

Calamus gladio fortior

"The pen is mightier than the sword"

Intellect is far more powerful and influential than violence.

Faber est suae quisque fortunae

"Each man is the artisan of his own fortune"

You alone control your destiny, so take responsibility for your life and actions.

Magna est vis consuetudinis

"Great is the power of habit"

Your habits are the most powerful force in your life, so learn to control them.

Vasa vana plurimum sonant

"Empty pots make the most noise"

Those who brag about themselves are just projecting their insecurities.

Incepto ne desistam

"Do not shrink from your purpose"

If you're miserable, it's because you're not living to your full potential and truth.

Thanks for reading! ■

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Cheers,
Matt https://t.co/l8hl0VrWpX

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>
> — Matt Milos (@selfautonomy) November 10, 2022

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