

Twitter Thread by **■Ash-Elle**



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[@1Ra_EneLor](#)



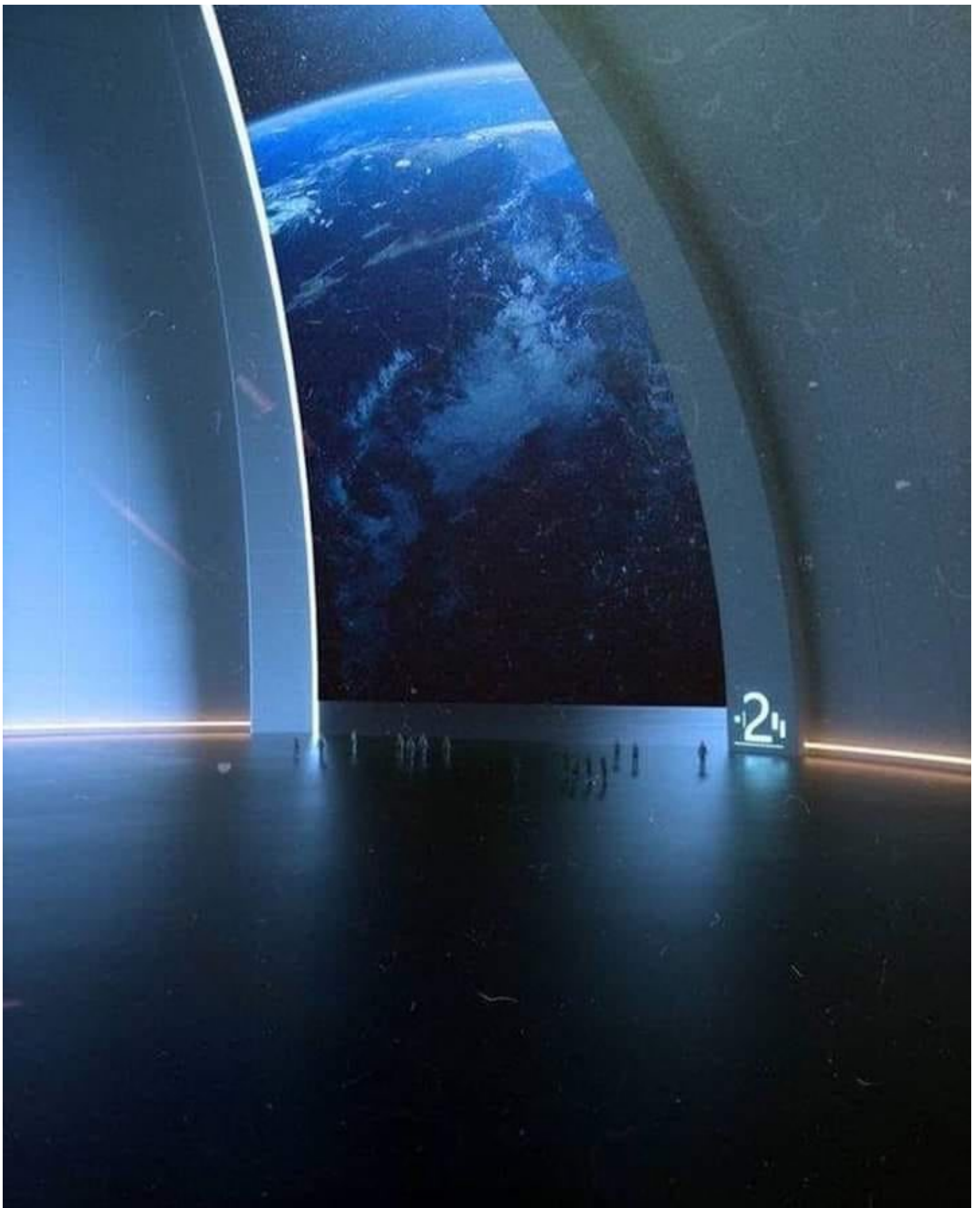
Asara Adams

**ENERGY UPDATE BY THE PLEIADIAN-SIRIAN – ARCTURIAN COUNCIL OF LIGHT ~
November 22, 2020**

“We are Here NOW.

We LOVE you.

We are you, from your future, to assist you on your path.



As you are moving through your Ascension, your four body system is being completely restructured. Your Higher SELF is orchestrating and managing many energy downloads and integrations of High vibrational LIGHT CODES into your Physical, Mental, Emotional and Etheric bodies.

You might notice that your Physical, Mental and Emotional response to your experiences is different Now. You are Evolving into a NEW HUman.

Now, any response that is less than LOVE feels very uncomfortable for many of you.

Now, observing anything that is less than LOVE feels very uncomfortable for many of you.

When this happens you have the opportunity to make different choices to align your SELF with the HIGHER vibrational experience.

Sometimes, this involves making changes in your life.

When Humans resist the impulse to make these changes and align with LOVE, one or more of the four lower body systems will nudge you towards alignment.

That's when things are less in the flow in different areas of your life...

Your SOUL has already evolved, it is Now up to you to allow for your four lower bodies to catch up with it. Embrace the Change within your SELF...

Embrace that you are BEcoming a NEW person...

Embrace that you are BEcoming more Heart centered...

Embrace the opening of your Heart Portal to the HIGHER Vibrational Frequencies of LOVE...

Soon, the veil will drop and you will be able to perceive the Higher Dimensions and all Higher Realms.

Soon, you will be able to Enter these Higher Realms, as you are Shifting and ...

Changing into the NEW HUman.

We are holding the vision of the New Earth with you and from our vantage point it is Glorious.

We are with you, every step of the way.

You are Loved beyond measure.

We are holding the vision of the New Earth with you and from our vantage point it is Glorious.

We are with you, every step of the way.

You are Loved beyond measure.

We are with you... Always. We LOVE You.

WE are YOU.

Namaste."

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