Twitter Thread by Sahil Bloom





The Eisenhower Decision Matrix is a powerful tool for prioritizing your time and unlocking growth in your career, startup, business, relationships, or life.

A thread on how it works and how it can change your life...



Dwight D. Eisenhower was an American military officer and politician.

He was a five-star general in the United States Army and the first Supreme Commander of NATO.

After his military career, he was elected as the 34th President of the United States, serving from 1953 to 1961.



In both his military and civilian careers, Eisenhower stood out for his prolific productivity.

His secret?

Eisenhower observed that people often confuse the urgent with the important. He did not.

"What is important is seldom urgent and what is urgent is seldom important."

The Eisenhower Decision Matrix is a visualization tool that forces you to differentiate between the urgent and the important.

It allows you to prioritize your time accordingly and unlock new productivity and growth.

Let's cover the basics of how it works...

First, we have to define "urgent" and "important."

An "urgent" task is one that requires immediate, focused attention.

An "important" task is one that promotes or furthers your long-term values, goals, or principles.

Remember: Tasks can be both urgent and important.

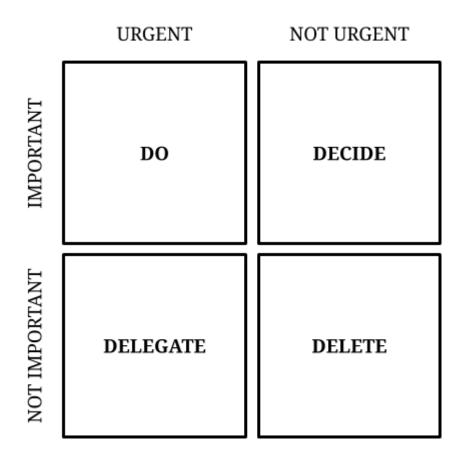
The Eisenhower Decision Matrix was popularized by <a>@StephenRCovey in The 7 Habits of Highly Effective People.

It is a square with four quadrants:

(1) Important & Urgent

- (2) Important & Not Urgent
- (3) Not Important & Urgent
- (4) Not Important & Not Urgent

Let's cover each one...



Quadrant 1: Important & Urgent

These are the tasks that are both important and urgent.

They require immediate, focused attention, but also contribute to our long-term vision, goals, or principles.

These are "do right now!" tasks.

Quadrant 2: Important & Not Urgent

These are the tasks that are important to your growth but are not very urgent.

Quadrant 2 tasks are your compounders - the tasks that compound long-term value in your life.

This is where you should try to spend most of your time and energy.

Quadrant 3: Not Important & Urgent

These are the tasks that are not important, but they are urgent and require attention.

Quadrant 3 tasks are the "beware" category - the tasks that can drain time and energy without contributing to our end goals.

These are tasks to delegate.

Quadrant 4: Not Important & Not Urgent

These are the tasks that are neither important nor urgent.

These are the mindless activities like TV and social media that sap our productivity.

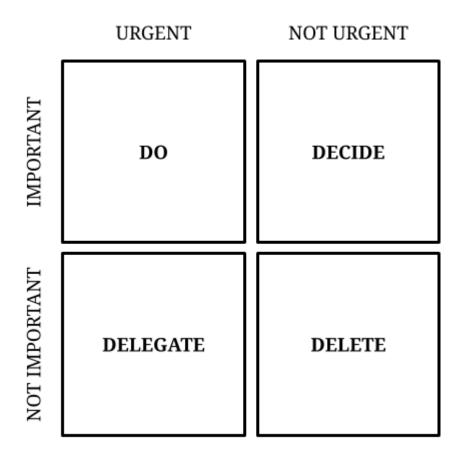
Limit your time on these.

(Note: If they help you recharge, they may be "important" for you)

The goal?

Spend more time on important tasks that further your long-term values, missions, goals, and principles.

In Eisenhower Decision Matrix terms, the goal is to manage Quadrant 1, spend much more time in Quadrant 2, and spend much less time in Quadrants 3 and 4.



To leverage the Eisenhower Decision Matrix in your life, start by identifying what is important to you.

What are your long-term goals? What principles and values do you want to build towards?

Then try planning and executing a week (or day!) of tasks according to the matrix.

There are several helpful Eisenhower Decision Matrix tools available to structure your practice.

@Eisenhowerme App: https://t.co/TrsrycnpQw

@NotionHQ Template: https://t.co/VFTicat3qC

If you're interested in further resources on the topic of decision-making and The Eisenhower Matrix, I recommend the resources below:

The 7 Habits of Highly Effective People by @StephenRCovey: https://t.co/plxnvmA2FV

The Eisenhower Box by @JamesClear: https://t.co/AZTkQLVzYE

So that was a primer on The Eisenhower Decision Matrix and how it can unlock growth in your life.

If you enjoyed this, follow me for more educational threads on mental models, business, and finance. You can find all of my threads in the meta-thread below. https://t.co/53Uhhfzlcp

1/ An Allegory of Finance

I have been posting a lot of educational (and humorous!) threads on finance, money, and economics.

My mission is simple: to demystify these concepts and make them accessible to everyone.

All of the threads can be found below. Enjoy and please share!

- Sahil Bloom (@SahilBloom) July 18, 2020

And if you are less Twitter inclined, sign up for my newsletter here, where you can find all of my old threads and receive all of my new threads directly to your inbox. https://t.co/NEe1Tov0Xg